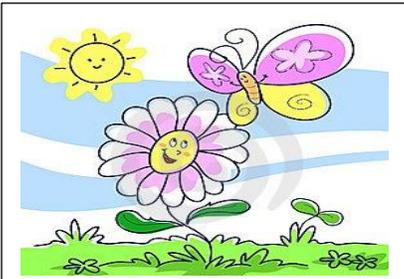


# ECO NEWS

APRIL 2018

\$1.00

To Edmonton Central Office Society  
#205, 11041-105 Ave. NW  
Edmonton, AB T5H 3J7  
780-424-5900  
[www.edmontonaa.org](http://www.edmontonaa.org)  
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## DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7<sup>th</sup> Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

**Material must be submitted no later than the 20<sup>th</sup> of the preceding month for it to print in the next month's issue.**

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7

Fax: (587) 523-4334

Email: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) **Subject Line: Attention ECO News**

## DELEGATE'S CORNER

### What's a Forum and Why Should I Go To One?

This is a comment I've heard after announcing upcoming Forums, over the years. Here's my attempt to shed some light on this topic:

#### What Is a Forum?

- ✓ Regional Forums began in 1975 by the Chair of the General Service Board (Dr. Jack Norris) as a weekend sharing and information session to help the various Boards (General Service Board, AA World Services, Inc., Grapevine Corporate Board) Grapevine Staff and General Service Office Staff stay in touch with AA members, trusted servants and newcomers to service throughout the AA service structure
- ✓ Designed to improve communication and intended to be sharing sessions, thus no formal actions result
- ✓ Regional Forums provide an opportunity for direct communication between the home group AA member and any General Service Board, Grapevine Board and staff members who attend

#### What Happens at a Forum?

- ✓ **General Sharing Sessions** – open microphone sessions for questions, comments, experiences
- ✓ **Ask-It-Basket** – for those more comfortable to ask questions in writing, these are answered during General Sessions of the weekend
- ✓ **Presentations** – by Board members, current Delegates, General Service Office and Grapevine Staff
- ✓ **Workshops** – focus on specific topics of interest; no need to sign up, just show up
  - ✓ A unique opportunity for AA members to share their experience, strength and hope. ... continued

## DELEGATE'S CORNER ... continued from last page

### **When do They Happen?**

**The next WCRF will be June 8-10, 2018 in Regina, Sask. At the Ramada Plaza Regina**

Since 1975 they have grown from once a year, to 4 Forums every year

**Special Forums** have been organized since 1983, all over North America

- Some past Special Forums have been in: Hawaii, Newfoundland, Puerto Rico, Yukon, Quebec, Alaska, Northwest Territories

The **4 Western Canada Areas take turns every other year to host a Western Canada Regional Forum** among Area 78 in Alberta, Area 79 in BC, Area 80 in Manitoba and Area 91 in Saskatchewan

All Forums begin Friday evening, continue all day Saturday and adjourn at 12:00 noon on Sunday

### **How Much Does It Cost?**

Registration is free and appreciated!

- When people register ahead of time the host Area knows how big of a venue to plan for
- You can register online at [aa.org](http://aa.org), click on "regional forums", click on June 8-10<sup>th</sup> to get to the hotel link
- The General Service Board covers the expenses of meeting rooms, transportation and hotel rooms for its board and staff personnel

The AA member's time, travel, accommodations and meals are at their own expense

### **What's In It For Me to Go?**

- To meet the General Service Office Staff and hear directly from them
- To better understand how the inverted triangle/Service Structure actually works
- To **ask any questions you may have** of the Grapevine Staff, General Service Office staff, Board Members or other presenters
- The ice cream social that often happens is usually outstanding
  - at the 2015 Western Canada Additional Regional Forum in Whitehorse the ice cream social tickets were \$10 for the most delicious heated cherry or apple pie with vanilla ice cream that I've experienced in a long time!
- If you're lucky enough to become part of a carpool – that in itself is fun. Like the old days, when we'd pile into a vehicle to have a meeting on the way to the meeting, attend the meeting, and have a meeting on the way home

### **Some Comments from First Timers at the WCRF in Kamloops, BC August, 2016**

- ❖ I'm infected with that bug for service
- ❖ 'A lot of information this weekend and I found out the answers are out here (from group members) and ensures page 132 in the Big Book "we are not a glum lot"
- ❖ You've brought the Service Manual to life for me
- ❖ I wanted to come to fall in love again with AA
- ❖ This weekend, this is my home group
- ❖ Until today, it was like seeing the skeleton of AA; coming here is seeing the blood flowing
- ❖ It's good to know that our loonies, toonies, fivers and change that we.... put into the basket are all going to our primary purpose of carrying the message to the still suffering alcoholic
- ❖ You have put the face on the organization chart from the Service Manual; I want to start living service
- ❖ You guys are a spiritual watering can for me

In closing all I can say is, don't do what Herbert S. advises us against: "contempt prior to investigation" ....Try It....You May Surprise Yourself and Like It!!

Yours in Loving Service, Becky P, Panel 68, Area 78 Delegate, Alberta, NT & W.Nunavut

**OLD SAYING** .. Reprint w/ permission AA Grapevine, April 1995

"AA does not promise to get you into heaven, but we do guarantee to get you out of hell."

## OLD TIMER'S INTERVIEW

From Jan D., sober date is August 1, 1963

Member of the Oilmen's Group, Edmonton, AB

**Q:** You've seen a lot of people in Edmonton in that time. A lot of people that are long timers now. I imagine that you are a sponsor as well.

**A:** I have been over the years but not now. Although my health is improving, things are still a little difficult as my partner has been very sick.”.

**Q:** There's been a lot of change in Edmonton over the years. Do you have opinions about those changes?

**A:** I have a philosophy from when I worked in the office because the board that was responsible for the office I said to myself they are only around for 2 years. I can put up with bullshit for 2 years. We've had bleeding deacons on the board, we had my way or the highway on the board, devil's advocates on the board and then we had some good boards. You had to play with what the cards dealt you and remember they would be gone in 2 years or 3 now. I think the position is now 3 it used to be 2. There are things like Group problems and there never seemed to be a committee to deal with those problems as there are neverenough people on the committees. This is a big problem in our city as we suffer from lackadaisical thinking with respect to service work. I can remember when the GSR body was strong. I remember when I was secretary, I phoned every Group member on the list to tell them there was a meeting the following week. One of them said “oh my Group conscience was calling!”. He never showed up to a meeting, but I never forgot.

**Q:** I remember in my day it was more personal. People called each other if you didn't see each other at a meeting. Things like that don't happen much anymore

**A:** Yes, it's impersonal now. A lot of it has to do with the old-timers not keeping up with their end of the bargain. They let the new people flounder and when we expect the new people to take over positions they don't qualify for, they don't feel as though they must do any of this stuff they don't know the first thing about service; They now know recovery, they know a little about unity, but they don't know service.

**Q:** You mentioned something earlier about being a secretary just shortly after you got into the program. I know for myself my very first meeting I was washing dishes. For me service was an integral part of my sobriety. I'm sure you feel much the same.

**A:** I've tried quite regularly but still can't stimulate a lot of interest. Just last week at my Group I announced that I am getting better, and my partner is getting better so in the New Year I may be prodding more, or I may be putting my name in to stand for something because they suffer from lazy buggaritis and it wasn't caught from me. I've been secretary of our Group, I've been secretary of GSR. When I walked into my first GSR meeting I think I was the alternate at that time, but I walked in and saw Clark G. from Jellinek, he started Jellinek House. He was also an AA member and he was secretary. I walked in and he said, "Your new secretary has arrived" and he got up and left. I was on the PI committee for Intergroup, I started the CPC committee for Intergroup, I was on the PI committee forever, I was a member, my husband was chair, Sue A. was secretary. When he rotated out I rotated in. I stayed on as past chair. Kathleen was delegate at the time she said you have experience and we need someone on CPC. We'll see if I can get some bodies. So, Gerry T., Phil M. and I started it up. We got involved in World Addictions. It had never been to Canada and it came to Calgary under ADAAC. ADAAC said they wanted an AA meeting so we came down from Edmonton I brought maps of Western Canada, Alberta and a big map of the world. Betty S. was volunteering in the office and

..... Continued

## OLD TIMER'S INTERVIEW

she helped me to make the maps. They were on big sheets of plastic board and we took those down and hung them on the wall. We showed where AA was in Western Canada and Alberta. We had a meeting every day at 8 am Kathleen got sick there and had to go home. The main thrust of it wasn't AA. We just had the morning meeting, but then it was open to all the members. So, we had quite a few people there and that was fun. We did stuff like that and thought it was fun. Because you got together doing stuff. Service work was never a boring job. Service is not work. Service is wanting to give. Especially if you can get someone of the same attitude then it becomes fun and easy to do. So many said, "I don't have the tools!; you don't have to have the tools, just suit up and show up and learn a little bit after two years get out of the way and let the next person fumble their way through. Service work is ongoing and there are so many areas you can service in and it's a necessary job. Remember your opinion is only your opinion and step out of the way when the next person's opinion is better than yours. That's sometimes difficult for some people to do. I got up to PI chair for the area and area secretary. I had to leave that position because I got sick. Still busy today doing things, editor of the newsletter, volunteering one day a week in the office.

**Q:** Is there anything else people would like to know about you.

**A:** Age is not a defining factor for anything you want to do. If you were an old-timer, you aren't doing your program. A longtimer is vibrant in the program. An old-timer is who is stagnant. I was employed in Edmonton Central Office until I was 72. When I was in Central Office I had to travel around North America to see how other central offices were doing, bring stuff here. One of the things we have in our area is liability insurance for all the groups who request it. Their landlord needs to request it. I got that set up when I saw in the states they were having to get insurance for individual groups they were complaining how difficult that was, how expensive it was. I came home and phoned the insurance company and asked, "I need to know what it's going to cost for liability during a meeting." They said it's on your insurance policy. We're covered, the landlord doesn't have to pay for any injury during the time we are using the premises. That includes roundups.

This interview ended at that point. Interviewer Terry F-A

### QUOTES

- How you use today determines how tomorrow will use you.
- When you get to the end of your rope, tie a knot and hang on ~ to AA.
- It is the custom at an Internationally known explorers club to have three speakers. There is short ritual of introduction by the Program chairman ... "Please consider what you are going to tell about the places you have been. Remember that no matter how far or how strange they were, one of us has almost surely been there!"  
Most AA meetings have three speakers, too ...
- Every minute you are angry you lose 60 seconds of happiness.
- Before the entrance to Father Flanagan's Boystown, there is a simple statue of a thin, frail youngster. Over his shoulder he carries, so long as the statue shall stand, another youngster. The inscription is simple ... "He ain't heavy. He's my brother."
- A dog has many friends; he wags his tail instead of his tongue.

... Reprint with permission, AA Grapevine, January 1952

## AA IS NOT GROUP THERAPY

I have attended AA meetings for fifteen years, but in the past few years I've left many meetings with an uncomfortable feeling. Why did I feel disturbed? What had happened? I unearthed the answer to those questions at a popular lunch meeting I had been urged to attend. A woman, at this standing-room only meeting, began to talk about her mother and the damage her mother had caused in her life. She wept and damned her mother and blamed her for all her unhappiness. There was no talk of sobriety. No hint of gratitude. No reference to working the Steps. This woman left the meeting early. I wanted to stop her and bring her back and tell her to listen. She just might find the answer to her problems.

At that moment, I realized with disturbing clarity that this was group therapy, not an AA meeting. What I had just been part of was what I believe to be the subtle sabotage of the AA Program. This woman was just one of many people who are misguidedly using meetings to dump all their feelings and resentments in the name of sharing.

My intention is not to minimize anyone's grief. I speak as one who grew up in an extremely abusive alcoholic family, as a man who is a Vietnam vet, a survivor of divorce and other traumatic losses. I have attended therapy at various times and found it quite useful. However, I don't confuse therapy with AA's Twelve Steps and am disturbed as I see people increasingly using AA meetings for free therapy, to "get in touch with their feelings."

My own primary purpose at a meeting is to better learn to apply the AA Twelve Steps philosophy to the problems of daily life. This intrusion of therapy talk in meetings causes a loss of focus on what this Program is all about.

The basic principles of recovery, honesty, open-minded and willingness are being replaced with self-absorption, attention-getting and getting in touch with feelings. Instead of enlisting the principles of gratitude and acceptance, many are focusing on blaming in the name of sharing feelings.

The Big Book states, "Acceptance is the answer to all my problems today." That simple principle, acceptance, is what we are neglecting when we allow meetings to become therapy.

I hear people who've been around the Program for over a year still "working on" a problem and then blaming their unhappiness on this still unresolved problem. People are blaming everything that's not going right in their lives on ex-spouse, lousy parents, the government or their bosses. Less time needs to be spent on complaining about the problem and more time needs to be focused on solutions.

The solutions live in the application of the Twelve Steps. "Acceptance is the answer to all of my problems today." If people are blaming they're not working the Twelve Steps. And if they're not working the Twelve Steps they will continue to use meetings as therapy. They will continue to dilute the higher purpose of this Program, which is to share our experience, strength, and hope. Let's work the Steps and keep therapy talk out. We know it works.

Craig R., Carnation, Wash., Reprint Permission/ A Grapevine/ February 1994

## WHAT DO I GET OUT OF AA

I get Fellowship with folks whom I can respect and trust, folks that believe in and practice the Golden Rule of life.

I get inspiration to greater effort to attain the highest ideals of relationship to my Fellowman, and of my responsibility to him.

I get better understanding of my dependence upon and obligation to the infinite, and peace of mind and soul in obedience to His commands.

I get an opportunity to extend to someone who is as unfortunate as I was, a helping hand until he/she can steer a straight course on that wide path of AA to a new way of life, after which he/she can teach others to build a mansion of happiness within our AA boundaries.

That's what I get out of AA, I get it by putting into it the best there is in me, in service to fellow alcoholics who have not yet knocked at the portals of AA.

..Robbie, Kansas City, Mo, reprint with permission AA Grapevine Magazine, Jan. 19523

## FOURTH STEP PRAYER

From Friends of Bill W., Internet

“God, please help me to honestly take stock. Help me to search out the flaws in my make-up which caused my failure. Help me to see where resentment has plagued me and resulted in spiritual malady; but more importantly help me to understand my part in these resentments. Help me to resolutely look for my own mistakes and to understand where I had been selfish, dishonest, self-seeking and frightened. Please help me to be searching and fearless in my endeavor to write my inventory. (BB, pg.64;2, 64;3, 67;2)

## WHAT GOD ISN'T

I am grateful that Alcoholics Anonymous has changed my concept of a Higher Power. When I came here, I was sure that God had written me off long ago. I was paralyzed with fear that nothing would ever right all my wrongs. I cringed whenever you spoke of God.

Ever so slowly; as I worked the Steps, my ideas began to change, though my head often screamed, “Blasphemy!” My first major breakthrough was seeing the first “Oh, God” movie. You told me that I could have a God just like the one George Burns played in the movie, if I chose.

I realized not long ago that I first came to believe in my God of today by finding out what he wasn't. Today, I believe that God is not punishing and vengeful. What a relief to believe that God doesn't give me deformed children or take away loved ones to “test” or “punish” me. Neither does my God preselect my mate or my career or permit wars, famine, earthquakes, and gross injustices to occur. He is also not in the habit of finding me parking spaces or “teaching me a lesson.” What a relief to stop blaming God for all that goes wrong in the world, and in my life!

Perhaps the reason bad things happen to good people is that the laws of nature can't tell the good guys from the bad guys. I am so grateful to believe that if someone does me an injustice, it is not my fault, and it happens because the world is very often not fair. (That was a hard one to swallow!)

Today I believe my God loves me exactly the same as He loves the person who is pulling the trigger on a gun held to someone's head. He loved me so much that He gave me a free will, free choice, and intelligence. Instead of saying, “Why me?” I can say, “Dear God, look what is happening to me. Can You help?”

I believe that when He doesn't “fix” it, it isn't because He doesn't want to, but because, as the Geogre Burns “God” said in the movie, “I gave you everything you need to make it work.”

... P.M., Carlsbad, CA, Reprint w/permission from AA Grapevine, April 1995



## CONCEPT IV

**At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.**

- Do we understand the spiritual principles underlying the “Right of Participation”?
- What does “in reasonable proportion” mean? Do we understand when it is appropriate for AA paid staff to have a vote at the General Conference or in our local service structure?
- Do we expect that, because we are AA members, we should be allowed to vote at any Group, even if we are not active members of that Group.

## A THOUGHT FROM AN OLD FRIEND

By Dr. E.M. Jellinek, Co-Founder and former Director of the Center of Alcohol Studies, Yale University; Consultant to the Alcoholism Research Foundation of Alberta, Canada

In 1939 I was engaged in a critical review of the alcoholism literature. Among my readings were some true gems and an overwhelming number of papers ranging from mediocre to frankly crank productions.

One day that year, I found on my desk a book with a yellow and red dust cover. It's title was "Alcoholics Anonymous."

With a sigh I picked it up and said to myself: "Some more crank stuff." But I had hardly read a few pages when I realized that I had one of the precious gems before me.

A few months later, I met Bill W. and soon after that, I met Alcoholics Anonymous in person. Since then I have achieved a fair attendance record in the meetings of the Fellowship. I became addicted to Alcoholics Anonymous. At a conference of ministers where I was giving a talk, the chairman said of me: "Half of his friends are ministers and the other half are alcoholics."

In the course of years, I have been asked many questions by my AA friends and I have tried to answer them to the best of my ability, and the "best" was often not particularly good.

One of the frequently recurring questions was and remains: "Is AA going to last, or is it going to vanish as the Washingtonian Movement did?"

The answer to this question is that the example of the Washingtonians has nothing to do with the prognostication of the life span of AA. The former had little more to offer than a pair of pants, sometimes a bed to sleep in, a few dollars, perhaps a job and a little encouragement. It did not provide the fundamentals of a new life for the individual with a drinking problem. Alcoholics Anonymous, on the other hand, has evolved a philosophy of life full of valid motivations, rich in highly relevant principles and ethical values ~ a philosophy of life which can be extended beyond the confines of the alcoholic population. This feature of AA suffices as a basis for a long ~ a very long ~ survival.

If there is a danger in the present and the future, the peril comes from another aspect. As the alcoholic goes through the painful process of achieving humility, he unloads his personal grandiosity and pride upon the Groups. As time goes by, a tremendous load of pride and grandiosity could accumulate on the shoulders of this splendid Fellowship, and it could lead to feelings of omniscience and omnipotence.

May God grant you the wisdom to steer your ship clear of these dangerous cliffs.

.... Reprint w/ permission, pg. 41, AA today 25, Special AA Grapevine Publication



### AA ALERT!

In Edmonton, Alcoholics Anonymous is badly in need of members who are willing to share a couple of hours a month to carry our message to the still-suffering alcoholic.

No experience is necessary!

Group Services Committee need members to help groups to be better informed.

Twelve Step Committee need members to answer phones and / or organize the groups to do this after office hours.

Corrections Committee need help – you don't have to have been in jail but if you're an alcoholic you have been in your mind anyway.

Public Information Committee need members to carry the message into schools, business, health care facilities, etc.

All the information is available on the back page of your Edmonton & Area Meeting Directory.

## A.A. HISTORICAL EVENTS IN APRIL

- April 1,** 1939 – “Alcoholics Anonymous”, AA’s Big Book was published.  
1940 – Larry J. of Houston, wrote The Texas Preamble used to open AA meetings in Texas.  
1966 – Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.  
1984 – 12 Coconuts Group, Kapiolani Park, Waikiki, Hawaii, was founded.
- April 3,** 1941 – First Florida AA meeting was held.
- April 4,** 1960 – The Chicago Daily News reported that Fr. Ed D., a Jesuit priest who helped start the first AA group in St. Louis, had died at age 62.
- April 7,** 1941 – Ruth Hock, Bill W.’s secretary, reported there were 1,500 letters asking for help, because of the Saturday Evening Post Article by Jack Alexander.
- April 10,** 1939 – First ten copies of the Big Book arrived at the office Bill shared with Hank P. in Newark, New Jersey.
- April 11,** 1938 – Alcoholic Foundation held its first meeting.  
1939 – Marty M. attended her first meeting at the home of Bill and Lois W. in Brooklyn.  
1941 – Bill and Lois W. moved into their new home, Stepping Stones.
- April 12,** 1942 – The Windsor Daily Star in Ontario, Canada, reported that over 400 AA’s attended a testimonial dinner for Dr. Bob.
- April 16,** 1940 – A sober Rollie H. caught the only opening day no-hitter in baseball history since 1909.  
1973 – Dr. Jack Norris, non-alcoholic Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.
- April 17,** 1941 – 2nd group in Los Angeles, the “Hole in the Ground Group” was formed.
- April 19,** 1940 – First AA group in Little Rock, Arkansas, was formed.
- April 22,** 1940 Bill W. transferred his Works Publishing Stock to the Alcoholic Foundation. The date on which Hank P. transferred his stock is uncertain.
- April 23,** 1940 – Dr. Bob wrote the Trustees to refuse Big Book royalties, but Bill W. insisted on them for Dr. Bob and Anne.
- April 24,** 1989 – Dr. Leonard Strong died. He was Bill’s brother-in-law and a non-alcoholic AA Trustee.
- April 25,** 1951 – AA’s first General Service Conference was held.
- April 26,** 1939 – Bill & Lois W. moved in with Hank P. after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.
- April 30,** 1989 – The film “My Name is Bill W.,” a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.

... AA History on line

## A JOKE

**DESPERATE FOR WORK, A RESOURCEFUL** old lush answered a want ad for an experienced sea captain. He wore a peg leg, a hook, and an eye patch. "You certainly look the part," observed the interviewer, "but tell me--how did you lose your leg?"

"Ahh, the leg," improvised our man, "a cannonball blew that away years ago, off Far Tortuga!"

"You don't say. And what about your hand?"

"Aye, laddie, that went in a swordfight, beating off pirates!"

"Amazing--and how did you lose your eye?"

Our hero hesitated here, then confessed a bit sheepishly, "To tell you the truth, I was watching the sky one day, and a dang old sea gull dropped dung into it!"

"And that put your eye out?"

"Aye." he admitted, "see, it was me first day with the hook!"

... Reprint from TriCounty Central Office, Tampa, Fl., June 2006

# Birthdays

in - APRIL 2018

## 60Minutes to Sobriety

Last Sunday  
Apr. 29 Des T. 8 yrs.

## Breathe Easy

First Friday  
May 4 Shawn M. 11 yrs.  
Karen M. 1 yr.

## Capilano Step

First Thursday  
May 3 Al M. 2 yrs.  
Gene B. 3 yrs.  
Mike M. 2 yrs.

## Crestwood Welcome

Last Monday  
Apr. 30 Linda S. 38 yrs.

## Clareview Big Book Study

Last Wednesday  
Apr. 25 Sam P. 4 yrs.  
Derek M. 2 yrs.  
Lloyd V. 2 yrs.

## Ellerslie

Last Thursday  
Apr. 26 Julie M. 8 yrs.  
Jason D. 1 yr.

## Fulton Place

Last Friday  
Apr. 27 Terry G. 30 yrs.  
Jane B. 7 yrs.  
Nick L. 2 yrs.  
Derek S. 2 yrs.

## Hillettes #2

Last Wednesday  
Apr. 25 Joan J. 23 yrs.  
Maureen W. 9 yrs.  
Seanna B. 14 yrs.

## Jasper Place

Last Tuesday  
Apr. 24 Jeanine H. 9 yr.

## Knights of Sobriety

Last Wednesday  
Apr. 25 Bruce J. 16 yrs.  
Greg D. 8 yrs.  
Lucas H. 2 yrs.  
Seann H. 5 yrs.

## Last Call

Last Wednesday  
Apr. 25 Tracie C. 4 yrs.  
Bryan S. 8 yrs.  
Michelle L. 8 yrs.  
Sherry L. 6 yrs.

## Lighthouse

Last Friday  
Apr. 27 Maureen H. 41 yrs.  
Trina S. 2 yrs.

## Lion's Den

Last Thursday  
Apr. 25 Andy M. 2 yrs.  
Barry D. 38 yrs.  
Brenda R. 2 yrs.  
Craig P. 2 yrs.  
Lauren A. 7 yrs.  
Mike O. 3 yrs.

## Mustard Seed

Last Thursday  
Apr. 29 Dave L. 38 yrs.

## North Edmonton

Last Thursday  
Apr. 26 Mike O. 25 yrs.

## Providence

Last Wednesday  
Apr. 25 Terry S. 33 yrs.  
Rob G. 1 yr.

## St. Albert

### S.A. Brotherhood

Last Wednesday  
Apr. 25 Craig M. 4 yrs.

### S.A. Sunday Night Step Study

Last Sunday  
Apr. 29 Arlene B. 12 yrs.  
Nicky W. 7 yrs.

### Serenity

May 4 Tom W. 10 yrs.

### Sherwood Park

#### SP Twelve Steps to Sobriety

Last Monday  
Apr.30 Cheyenne D. 7 yrs.  
Garry G. 10 yrs.  
Syd W. 11 yrs.  
Brad F. 19 yrs.

#### SP Steps to Serenity

Last Wednesday  
Apr. 25 Brent H. 2 yrs.  
Gord L. 4 yrs.

### Shifters

Last Saturday  
Apr. 28 DarrylW. 35 yrs.  
LeeAnn W. 6 yrs.  
Kerrie S. 1 yr

### South Side

3<sup>rd</sup> Friday  
Apr. 20 Dennis F. 22 yrs.

### Stony Plain

#### Serenity Monday Night

Apr. 30 Len B. 49 yrs.  
Chris M. 2 yrs.

## The Why Group

Last Saturday  
Apr. 28 Carla Y. 29 yrs.  
Bruce Mc. 33 yrs.

## Thus We Grow

Last Tuesday  
Apr. 24 Grant H. 4 yrs.

## Westminster

Last Saturday  
Apr. 28 Barb C. 36 yrs.  
Ronald R. 31 yrs.  
Linda T. 23 yrs.

## BIRTHDAY CLUB FOR MARCH

Breathe Easy Group  
Ian G.

## FAITHFUL FIVERS IN MARCH

Sonny C.  
Clarence Y.  
Ian G.

## New Address:

### Breathe Easy Group

has moved

Time: Fridays 8:00 PM

**Trinity United Church**  
8810 Meadowlark Rd NW,  
Edmonton, AB T5R 5W6

## NEW GROUPS

### 12 Traditions Study for Ladies

Mon. 4:00 PM #205, 10544 - 114 St.,  
-5:30 PM (Central Office)

### New Awakenings 8318 - 104 St. bsmt.

Mon. 7:00 AM Strathcona Church

### Sherwood Park

**New at Two** 4 Raven Dr.

Sun. 2:00 PM St. Thomas Church

### 84 St. Ladies #1 8406 -118 Ave. bsmt.

Wed. 8:00 PM E side in alley

### Safe Harbor Meeting

Thurs. 6:30 PM 10025 - 105 St., S side  
-7:30 PM (First Presb. Church)

### We Agnostics 10728 - 124 St.

Fri. 7:00 PM (Alano Club)

### Sobriedad - 2 hour Spanish Meeting

Fri-Sun 6:00 PM 10728 - 124 St.  
(Alano Club)

# CALENDAR OF EVENTS

## ROUNDUPS & FUNCTIONS 2018

### Edmonton, AB

Apr. 14 5 PM **District 46 Speaker & Dinner** \$5.00  
10728 – 124 St.  
(Edmonton Alano Club)  
Contact: 780-720-9157

### Edmonton, AB

Apr. 21<sup>st</sup> 8:30AM **District 64 41<sup>st</sup> Annual Roundup** \$35.00  
14025 – 167 Ave. (North Pointe Church)  
Contact: 780-459-8891, 780-267-8642,  
Or 780-458-5069

### Cold Lake, AB

Apr. 20-22 **District 3 Cold Lake Roundup**  
“AA – A Solution for All Generations”  
4420 – 50 Street  
Cold Lake Senior’s Centre

### Ardrossan, AB

Apr. 27 -28 **District 61 10<sup>th</sup> Annual AA R/U** \$45.00  
80 – 1<sup>st</sup> Ave. (Ardrossan Comm. Hall)  
Contact: 780-298-6540 or 780-868-5777

### Brandon, MB

Apr. 28<sup>th</sup> **Wheat City Grp 70 Anniversary** \$25.00  
1005 Assiniboine Avenue  
Ukrainian Reading Assoc. Hall

### Golden, British Columbia

May 4- 6 4 PM **51<sup>st</sup> Annual Golden Roundup WE** \$40.00  
1401 – 9 Street Banq. \$25.00  
Contact: [lmorehou@mymts.net](mailto:lmorehou@mymts.net), text/call  
204-724-6475 or call 1-204-728-6475  
[jimhillisrv@inethome.ca](mailto:jimhillisrv@inethome.ca) or 1-204-78-7207

### Edmonton, AB

May 26 10:00 AM **Annual Edmonton & Area Intergroup  
Unity Breakfast “The Three Legacies”**  
10111 Bellamy Hill Chateau Lacombe  
Speaker Scott H.-Trustee at Large for  
Western Canada \$50.00  
Contact Karen W. 780-913-7909;  
Walter S. 587-986-6801  
Or Central Office 780-424-5900

### Hay River, NT

June 1-3 **Hay River’s 5<sup>th</sup> Annual Campout** Trad 7  
Escarpment Creek Grp Campout  
South of Enterprise, NT  
Suggested \$20./ Person for the weekend

### Regina, Saskatchewan

Jun. 8 -10 **Western Canada Regional Forum**  
1818 Victoria Ave. No Registration  
Ramada Plaza Reginal Hotel  
Contact: [chair@aasask.org](mailto:chair@aasask.org)

### Edmonton, AB

June 22-24 **Cardiff AA Roundup** Complete \$35.00  
Cardiff Hall, Sat. Supper & Dance \$25.00  
21 Discovery Way Kids 12 – 18 \$25.00  
2 mi. E & ½ mi. S 12 & unde r~ FREE  
Contact: 780-0871 or 780-660-6895  
Or Central Office 780-424-5900

## A RABBIT WALKS INTO A BAR

Best Jokes from AA Grapevine

**A sponsor and prospective sponsee** meet to talk for the first time. After describing his many bouts with the bottle, the would-be sponsee finally asks, “So, what do you think?”

“I think you’re going to go far in this Fellowship,” the sponsor asserts.

“Wow!” his young charge replies. “Why do you think tat?”

“Because you have such a long way to go,” the sponsor answers.



## GROUPS/ MEETING IN NEED OF SUPPORT

**Sunrise Light Lunch.** 11229-100 Ave. (Jellinek)  
Tues & Fri. Noon

**Oilmen’s Group** 11223 – 51 Ave. (Holy Spirit Luther.)  
Mon. 8:00 PM

**First Day Group** 10528 – 98 St. (Marion Centre)  
Mon. 8:00 PM

**Active 10 Group** 9009 - 163 St. (Hosanna Lutheran)  
Mon. 8:00PM

**Rite Trac Group** 13111 – 79 St. (Christ King Church)  
Tues. 8:00 PM

**West End 12 Step Grp.** 18345 – 62B Ave. (Our Savior)  
Tues. 8:00 PM

**We Agnostics** 10728 – 124 St.  
Fri. 7:00 PM (Alano Club)

NEED NEW MEMBERS AS WELL AS SUPPORT

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