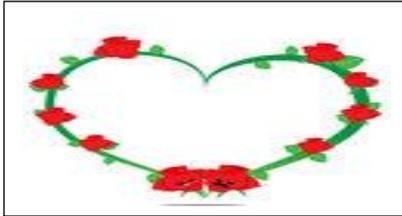
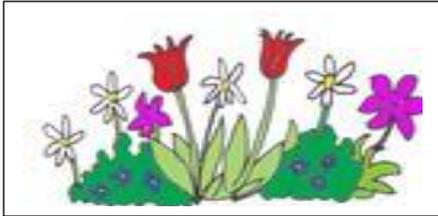


# ECO NEWS

MAY 2018

\$1.00

To Edmonton Central Office Society  
#205, 11041-105 Ave. NW  
Edmonton, AB T5H 3J7  
780-424-5900  
[www.edmontonaa.org](http://www.edmontonaa.org)  
Email:  
centraloffice@edmontonaa.org



## BY GOSH – IT'S MAGIC

### A MESSAGE FROM INTERGROUP GROUP SERVICES COMMITTEE

The InterGroup Group Services Committee is responsible for working with Groups to make sure Groups are properly registered, Group information is current and to encourage financial support at every AA level of service.

For those who do not know, Central office is the hub of coordination for Edmonton and Area. They are responsible for everything from Group registrations, to preparing and upkeeping the meeting directories, to contracting the telephone 12 step answering service, to making sure website information is up to date, to preparing our monthly newsletter, to greeting and directing those reaching out for help and to those simply looking for a meeting. Do you remember when you made that call for help and someone answered, "How can I help you?". That was my initial exposure to AA Central Office and the start of my journey to sobriety... for that I am grateful. What about you? What if they had not been there? Or, if they are not there for future sufferers.

We are all aware of the Responsibility Pledge which states: "I am Responsible. When anyone, anywhere reaches out for help I want the hand of AA to always be there and for that: I am responsible"

This pledge was drafted in 1965 to remind us that AA will continue strong only so long as each of us takes our fair share of responsibility for sponsorship of those who still suffer, for growth and integrity of our Group, for our InterGroup activities and for AA as a whole. AA has given us the power to choose – to drink or not to drink – and in doing so has given us the freedom to be responsible for ourselves. As we become responsible for ourselves, we are free to be responsible for our share in AA, and unless we happily accept this responsibility we lose AA. Strange isn't it?" (taken from an article titled "How I am Responsible became part of AA")

Does your Group use the services of Central Office? Who pays for those services? Do you know Central Office pays the premium for a blanket liability policy for Groups in Edmonton, St Albert and Sherwood Park Groups need liability coverage in the event of an accident where the Group could be responsible. Only 40% of the Groups support Central Office. That means 60% are using the services paid for by the 40%. What is the value of Central Office to your Group?

The Group Services Committee, is trying to update Group information records. Nearly 50% of the Groups and /or meetings listed in the directory have no current contact information. Different attempts have been made to contact these Groups/meetings through the places they rent and through old records, which we have pretty much exhausted, and short of attending every Group, which presents its own challenges, we need your help. We need that information should the need arise to contact you as well as to make sure the information is current for the insurance policy. If you are one of the 50% for whom we have no current information or if you are not sure please register on line at [www.edmontonaa.org](http://www.edmontonaa.org) – click contacts – click on-line forms – click Group registration. You can fill the form on line – click submit – you're done. Duplicate registration is better than none.

Are the Central Office services a result of magic? Of course, not - it takes a very coordinated effort by dedicated volunteers and staff to keep AA alive and well.

#### Remember the facts:

**FACT** -only about 40% of the Groups support Central Office. That means 60% are using the services paid for by the 40%.

**FACT**- about 40% of Groups are carrying the remaining 60% for the cost of all the services.

**FACT** - about 50% of the Groups and /or meetings listed in the directory have no current contact information

We know you want to do your part and we thank you.

Submitted by: Dick T., Group Services Committee Chair

## DELEGATE'S CORNER

### Six Reasons to Chair A Meeting

If you haven't had the pleasure of raising your hand or voice to offer to chair a meeting in your home Group, you are missing something spectacular. Most meetings suggest 6 months to a year of sobriety before chairing...find out what your home Group suggests. Just asking about the 'criteria for chairing a meeting' will mean something. The following are just a few reasons to try chairing:

1. **It'll keep you sober** – I was so afraid that I was going to relapse when I first came into AA, I wanted to do anything to increase my chances of not drinking. I heard things like “if you stay in the middle of the boat, you won't get tossed back into the ocean – the middle is service” and “if you stay in the middle of the herd, you won't get picked off – the middle is where service is at”
2. **You finally get to be the boss/chief honcho/top banana** – The buck stops with you. They say there are “no bosses” in AA, however when it comes to our AA meeting time, someone must ensure that members adhere to the meeting structure. This structure is decided in your home Group's business meeting. If cross talk is accepted in your meetings, then the Chair may be responsible to make sure people are not jumping on the tables when they take their turn to speak if the discussion gets heated. Whether it's to advise members of the time (“Only 5 minutes left... does anyone have a burning desire to share?”) or to gently remind members that answering cellphone calls during the meeting is frowned upon... the Chair ensures the 'rules' are followed
3. **Great Opportunity to Listen:** You don't have to share if you don't want to – originally, this is what drew me to wanting to Chair. I didn't know what my story was for the first few years, but my ego wanted to “run the show”... chairing felt like the natural choice. Again, different home Group business meetings decide whether or not their Chairs will be able to share, and if so, do they wait until everyone else has shared, or does the Chair begin by sharing first; the beauty of Tradition 4 shows up here [page S13 **The A.A. Service Manual**]
4. **It Gets Less Scary** – The idea of chairing a meeting may sound scary if you are a newcomer. I was asked to make coffee for six months before they asked me to chair. For me, as soon as I started to volunteer I began to feel like I belonged, instead of feeling “apart from”... and it was easier to go to more meetings.
5. **Your Hand Will Get Lighter** - You're honing your leadership qualities for moving down the tree/triangle of our service structure. Once you are comfortable chairing meetings at your home Group, then the leap to considering a General Service Rep position doesn't seem so daunting. 'Same for positions of District Committee Member and on to a Committee Chair position. All these positions require people at the helm who are comfortable “conducting the orchestra”. Experience in chairing builds confidence to move on down the triangle of service
6. **You Will Be Amazed Before You Are Halfway Through** – Just as our Promises in Chapter 6 of our Big Book describe (p.83-88), amazing things will begin to happen when you chair a meeting. Insights, intuition, learning, laughter and the sunlight of the spirit will begin to present themselves... it's just about guaranteed
  - **Get A Format** – You'll want to ensure that as Chair, you have a Format of some type to help you navigate through the 60 or so minutes of your AA meeting. The format outlines your home Group's decisions as to the structure of your meeting: Open or Closed meeting, 60 minutes or longer, what policy does your Group follow regarding disruptive members, people attending drunk and/or disorderly... what prayers or phrases do you use to Open and to Close the meeting... these are all decisions that you get to make as a member of your home Group

If you have a chance to try this, and want to share how it turned out for you, I would love to hear about it. Feel free to contact me at [delegate.68@area78.org](mailto:delegate.68@area78.org)

Yours in Loving Service, Becky P, Panel 68, Area 78 Delegate, Alberta, NT & W.Nunavut



## FIFTH STEP PRAYER

(from Atlanta, Georgia – World AA Conference – July 2015)

Higher Power, my inventory has shown who I am, yet I ask for Your help in admitting my wrongs to another person and to You. Assure me, and be with me, in this Step, for without this Step I cannot progress in my recovery. With Your help, I can do this and I will do it.

## **ALMOST OLD TIMERS CORNER**

### **Ron D's Story: Member of Oilmen's Group, Sober Date March 22, 1987- Passed on March 5, 2018**

My name is Ron and I'm an alcoholic.

First off, I would like to say that I have a really hard time getting up and reciting my story in front of a bunch of people, because I feel like everyone is judging me for reciting it instead of just sharing it off the top of my head. That's why it took me 24 years to get up enough courage to get up and share at a meeting. I still have to tell myself that I have just as much right to be here as anyone else. I guess what I worry about is what people might think of me, and that's something that I really do have to get past. Plus, I do have memory loss from many years of alcohol and drug abuse, and that is the only way that I can get my story out.

I think I was born an alcoholic, as I was very insecure and had a very low self-esteem right from the very start. I always felt like I was second class. I still have feelings of being inferior around people. My mother told me that when I was four or five years old I almost had a nervous breakdown when my father left. When I was 11 or 12 years old, my brother and I broke into someone's house and stole a couple of bottles of booze. I remember going home and getting really drunk. What I remember the most about that drunk, was the way it made me feel, ten feet tall and invincible. I actually felt a part of, not apart from, no longer feeling like I was on the outside looking in. Gone were the feelings of feeling insecure and inferior, I actually felt like I fit in. I pretty much left it alone for a few years, and when I discovered it again, I discovered girls at the same time. I was very scared and shy around them, I found that with a few drinks, I felt comfortable around them and could actually talk to them.

I got my first real job at the post office when I was 19. By this time, I was drinking pretty heavy and always had a mickey in my locker. There were lots of times when I would sneak out and run through the back door of the Ritz hotel, and chug as many draft as I could in 10 or 15 minutes, then sneak back into work.

My next job was with the City of Edmonton as a meter reader, reading power and water meters. It was around this time that I discovered prescription drugs. We had keys to get in when no one was home, and that is when I would either check out the liquor cabinet or the medicine cabinet. There was a point where I was taking two to three hundred pills a week, all the time drinking very heavily at the same time. I remember not taking 50 Tylenol with codeine because I thought that would kill me, so I would only take 49.

When I came to the program I remember telling my psychiatrist this, his response was "Are you fucking crazy?" Coming from a psychiatrist this really made me wonder. I was sober about three months and at work when this guy with really long blonde hair come up the stairs and said to me "I see you're back in the land of the living". He left, and I was left dumbfounded. I couldn't even move for about ten or fifteen minutes. I had never see this guy before in my life. There was a store around the corner, so I went in and bought myself a pop, and as I was leaving, I glanced at the newspaper stand and the headline on the front page read "Message hits home". This really through me for a loop, I really didn't know if I was coming or going.

That was twenty-nine years ago and I remember it as if it were yesterday. My recovery hasn't been easy; in fact, it has been very hard. I spent the better part of my first fifteen years in bed, getting up only to eat and go to the bathroom. When I wasn't home in bed, I was at the U of A psych ward or Alberta Hospital. I remember my last trip to Alberta Hospital, I was flying pretty high and Sharon didn't know what to do with me, so Joe & her got me out there to see a Doctor. He started asking me a lot of questions and he basically said that I didn't need to be there. Sharon panicked and said, "But he thinks he is Jesus Christ!" He said to me - "Is this true?" and I said, "Absolutely". He immediately said "You're in." Needless to say, the weight of the world was lifted off Sharon's shoulders. She hadn't slept in 3 days. I am a very lucky man to have Sharon in my life. Not too many women could have handled what she had to handle back in those days. I was diagnosed and being manic depressive, and although the manic episodes could get pretty bizarre, the depression was worse. Nothing worked, they tried every anti-depressant that was available to them at the time.

Then came the shock treatments, I really do regret allowing them to give them to me. They have really affected my memory, and that's something I have to live with now.

The depression got so bad day in and day out; I used to pray to God everyday to just please let me die. I can't handle this, please let me die. I had lost all hope and that's not a very good place to be. It was during this time that I had two suicide attempts, almost being successful both times. After my second attempt, something changed in my life. After getting out of ICU, I actually felt some semblance of peace. It was a real miracle that I went through all this without picking up a drink.

... continued on next page

## **ALMOST OLD TIMERS CORNER** *continued*

Although I didn't drink, every once and awhile I would play around with my meds. This is why I say I have fourteen years sobriety and not twenty-nine.

The last fourteen years I have had cancer three times, have emphysema and was on oxygen for four years. I remember the oxygen guy coming to take the oxygen out of the house, and he said this was pretty rare, usually when they come to remove oxygen, the body comes out feet first – apparently once you are on oxygen, you are usually on it for life. I have since been diagnosed with diabetes, have high blood pressure and I only have one kidney left due to the cancer, but compared to my first fifteen years, things are so much better than what they used to be like. I haven't had any depression or manic episodes since I got out of intensive care. I'm so grateful to God, to AA and to my wife. We had some very hard times and she has always been there for me. There were many times that I was so drunk and stoned, passed out on the floor, that she would stay up all night long with me, just to be sure that I kept breathing. And then, with no sleep, she would go to work the next day. I wouldn't be here if it wasn't for her. Somehow saying "Thank-you Sharon" doesn't seem to be enough, "I love you and are forever in your debt."

I just wish that my brother could have sobered up, but for whatever reason he couldn't. He drank himself to death at the age of thirty-five. The autopsy report said that there was more ethyl alcohol in his blood than there was blood. Sometimes I wonder why God allowed me to get sober and not Rick. I do know that only God knows the answer to that question. I also know that he is out of pain now, he doesn't have to drink anymore, and he has found his peace and for that I am very grateful.

I would like to say that if there is anyone going through a rough time right now, to hang in there. God won't quit on you, so don't quit on yourself, it will get better.

One thing I have learned is quitting drinking is just like someone close to you dying, or having a relationship come to an end. You have to grieve, and it takes time. It is a process.

## **CONCEPT V**

**Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.**

- Do we encourage the minority opinion, the "Right of Appeal," to be heard at our home Group, district committee meetings, area assemblies and the Conference?
- What does our Group accept as "substantial unanimity"?
- Has our Group experienced the "tyranny of the majority" or the "tyranny of the minority"?
- Does our Group understand the importance of all points of view being heard before a vote is taken?  
... from the Concepts Checklist, Service Material from the General Service Office.

## **A RABBIT WALKS INTO A BAR** *Joke book from AA Grapevine*

- **Heard at Meetings:** I started out as a social drinker. Then I had my second drink! 5/2008
- Some **blackouts** are better left forgotten... 11/1946
- **God delivered Daniel** from the lion's den. Nowhere is it written that Dan went back for his hat. 8/1988
- How come if alcohol kills **millions of brain cells**, it never killed the ones that made me want to drink? 10/2004

## **SEEING IS BELIEVING**

The Wright Brothers' almost childish faith that they could build a machine which would fly was the mainspring of their accomplishment. Without that, nothing could have happened.

We agnostics and atheists were sticking to the idea that self-sufficiency would solve our problems. When others showed us that God-sufficiency worked with them, we began to feel like those who had insisted the Wrights would never fly. We were seeing another kind of flight, a spiritual liberation from this world, people who rose above.

...Reprinted w/ permission, As Bill Sees It, pg. 47



## Alcoholics Anonymous: Cooperation with the Professional Community

The Edmonton Cooperation with the Professional Community committee of Alcoholics Anonymous would like to extend an invitation for you to attend a professional luncheon. This event is being held for those in the Edmonton professional community who are interested in learning about how Alcoholics Anonymous can help individuals within the scope of your professional practice to gain and maintain sobriety.

It is only through the kind cooperation of so many non-alcoholic professionals like you, that A.A. has more than two million members in recovery, in over 180 countries.

Our committee's work would be enhanced by your participation, and we would be delighted if you could attend this valuable and informative presentation.

Chateau Louis, 11727 Kingsway Avenue NW  
Wednesday, June 20, 2018  
Executive Room  
Doors open at 11:30 a.m.  
Presentation and lunch from 12:00 noon – 1:00 p.m.

If you are able to attend, please RSVP, Cathy S. on or before June 13, 2018 by emailing Cathy at: [sitkoc@me.com](mailto:sitkoc@me.com) or calling Cathy at: 780-434-9688.

Thank you, and we hope to see you there!

Lunch is on us, and parking is free!

**COOPERATION WITH THE PROFESSIONAL COMMUNITY LUNCHEON 2018**  
**EXPLANATION FOR AA GROUP MEMBERS, GSR'S AND INTERGROUP**

You have been given an invitation to hand out to a professional. Who could you give a copy to?

- Doctors, nurses, and others in the medical field
- Social Workers
- Members of the Clergy
- Human Resources Officers of companies
- Judicial field (Lawyers, judges, parole officers, etc.)
- Mayor, aldermen
- Police ... city &/or RCMP
- Addiction centers
- Education Centres: University/College Professors, High School Principals, School Board Resource Officers
- Any other organization who works with clientele who could benefit from our support

The professional gets lunch for free!

If, however, an alcoholic accompanies the professional to the luncheon, the cost for the alcoholic is \$25.00. The Public Information And Cooperation With the Professional Community Committee will be there, and they will give a CPC presentation to the professionals while they are there, so if your professional is happy to go alone, they will be welcomed and well taken care of!

Basically, the presentation talks about what AA is, and what it isn't, and how we could be of service volunteering to talk to staff about dealing with clients with an alcohol addiction, or talking to Groups of clients if so wished.

For further information if needed, contact Christie N:  
[egsc.picpcchair@edmontonaa.org](mailto:egsc.picpcchair@edmontonaa.org)

## A.A. HISTORY IN MAY

- May 1,** 1939 - Lois and Bill W. left their home at 182 Clinton St., Brooklyn.  
1940 - Rollie H., Cleveland Indians, anonymity break occurred.  
1941 - First Wisconsin AA meeting was held in hotel in Milwaukee.
- May 2,** 1941 - Jacksonville, FL newspaper reported the start of an AA Group in Jacksonville.  
1943 - *New Orleans Times* reported founding of the first Louisiana AA Group with a dozen members.
- May 3,** 1941 - First AA Group formed in New Orleans, Louisiana.  
1941 - *Democrat Chronicle* in Rochester, NY, reported first annual AA dinner at Seneca hotel with 60 attending.
- May 4,** 1940 - *Sunday Star* reported founding of first AA Group in Washington, DC.
- May 6,** 1939 - Clarence S. of Cleveland told Dr. Bob, his sponsor, he would not be back to Oxford Group meetings in Akron and would start an "AA" meeting in Cleveland.
- May 7,** 1956 - The first English AA Convention was held in Cheltenham, England.
- May 8,** 1943 - Akron AA Group celebrates 8th anniversary with 500 present and sober.  
1971 - Bill W. was buried in private ceremony, in East Dorset, Vermont. Dr. Jack Norris gave the eulogy.
- May 10,** 1939 - Clarence S. announced to the Akron Oxford Group members that the Cleveland members were starting a meeting in Cleveland and calling it Alcoholics Anonymous.  
1946 - Searcy W. had his last drink. (Searcy passed away September 30, 2003 with 57 years continuous sobriety.)
- May 11,** 1935 - Bill W. called Walter Tunks from the Mayflower Hotel and was referred to Henrietta Seiberling who set up a meeting with Dr. Bob.  
1939 - First meeting of the Cleveland Group.
- May 12,** 1935 - Mother's Day, Bill and Dr. Bob met for the first time, at the home of Henrietta Seiberling.
- May 15,** 1961 - Bill W.'s mother, Dr. Emily Strobell, died.
- May 16,** 1941 - Ruth Hock learned that the man credited with coming up with the name "Alcoholics Anonymous" has a "wet" brain.
- May 17,** 1942 - *Dayton Journal Herald* published pictures of AA members wearing masks to protect their anonymity.
- May 18,** 1939 - The first Group to call itself A. A. meets in Cleveland, OH.  
1950 - Dr. Bob told Bill W. "I reckon we ought to be buried like other folks." He wanted no memorial.
- May 19,** 2000 - Dr. Paul O. died at the age of 83. He was author of "Acceptance Was the Answer" in the 4th edition of the Big Book. This story was titled "Doctor, Alcoholic, Addict" in the 3rd edition.
- May 29,** 1980 - "Dr. Bob and the Good Old-timers" was published.
- May 31,** 1938 - Bill W. and other AA's began writing the Big Book.
- Other significant events in May for which we do not have a specific date:**  
1938 - Bill W. and other AA's began writing the Big Book.  
1939 - Clarence Snyder told Dr. Bob, his sponsor, he would not be back to the Oxford Group meetings in Akron and would start an "A.A." meeting in Cleveland.  
1942 - Richmond W., author of "Twenty-Four Hours a Day," had his last drink.  
1946 - Long form of 12 Traditions was published in AA Grapevine for the first time.  
1946 - The A.A. Grapevine announced, "A.A. has 6,000 members in 180 Groups."  
1948 - The A.A. Grapevine reported \$2.00 was sent to the General Service headquarters of A.A. in New York, asking for "a bottle of Alcoholics Anonymous".  
1950 - Nell Wing became Bill W.'s secretary.  
1951 - Al-Anon was founded by Lois W. and Anne B.  
1962 - The A. A. Grapevine published the first "Victor E." cartoon.

Thanks to Billy C. and Nancy O. for this list from the Internet, used by permission.

- How you use today determines how tomorrow will use you,=.
- When you get to the end of your rope, tie a knot and hang on ... to AA.
- Every minute you are angry you lose 60 seconds of happiness.
- A dog has many friends; he wags his tail instead of his tongue.

... from AA Grapevine Magazine, January 1952

## AA JOKES from Sober Recovery from internet

A long time AA member named Joe R has lived to a very old age and one morning God appears to him, as Joe lies in bed.

Joe: What have you come for God?

God: Well Joe, I've come with some good news and some bad news, what do you want first?

Joe (being an optimist): I like to start the morning with good news

God: I have come to tell you that we have AA meetings in heaven

Joe: Alright - that's great! So what's the bad news?

God: You're chairing tonight's meeting....

## EXAMPLE IS NOT THE MAIN THING IN INFLUENCING OTHERS. IT IS THE ONLY THING. ... Albert Schweitzer

Throughout our life we've been influenced by other people's behaviour and opinions. Many of us were influenced by very poor examples in earlier years. And we may have to pray for help rather than continuing to follow those poor examples now. But all around us are people who are healthy, loving, and honest. We are invited to emulate their behaviour.

Acting as If can help us develop new behaviours. We may not feel very comfortable reaching out to a Program newcomer or making conversation with someone we've just met, but we can do it. And in time, with practice, we'll discover we've added a positive dimension to our character, one that influences the lives of other people who struggle just like us. All of us, Acting as If in positive ways, offer wonderful examples of behaviour change. We reinforce our own changes, and each other's, every time we are thoughtful before we act.

● \* \* \* \* \*

With my Higher Power's help, I will be a good example for someone today.

... from "IN GOD'S CARE" – Daily Meditations on Spirituality in Recovery

## A RABBIT WALKS INTO A BAR Jokes from AA Grapevine

- An **anonymous drunk** was heard to remark, I feel sorry for AA members. They feel just as good when they get up in the morning as they're going to feel all day. 11-1962
- The **lush** sat drinking at his kitchen table complaining to his wife that his bartender didn't understand him. 04-1977
- **I had a terrible handicap** that made me feel sorry for myself in early recovery: I suffered more from self-pity than anyone else around. 12/2007

## DISCLAIMER:

ECO News is published monthly on behalf of Edmonton InterGroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7<sup>th</sup> Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

**Material must be submitted no later than the 20<sup>th</sup> of the preceding month for it to print in the next month's issue.**

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7

Fax: (587) 523-4334

Email: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) **Subject Line: Attention ECO News**

# Birthdays

in - MAY 2018

## 60Minutes to Sobriety

Last Sunday  
 May 27 Adam Y. 9 yrs.  
 Gary B. 24 yrs.  
 James W. 10 yrs.  
 Peter K. 4 yrs.  
 Sarah C. 1 yr/

## Breathe Easy

First Friday  
 June 1 Peter J. 24 yrs.

## Capilano Step

First Thursday  
 June 7 Ken S. 3 yrs.

## Crestwood Welcome

Last Monday  
 May 28 Al W. 46 yrs.  
 Mike P. 24 yrs.  
 Ron S. 6 yrs/

## Clareview Big Book Study

Last Wednesday  
 May 30 Gary C. 38 yrs.

## Eastwood

May 21 Guy T. 13 yrs.

## Ellerslie

Last Thursday  
 May 31 Leo B. 6 yrs/

## Hillettes #2

Last Wednesday  
 May 30 Joy L. 4 yrs.

## Jasper Place

Last Tuesday  
 May 29 Dick T. 46 yrs.

## Knights of Sobriety

Last Wednesday  
 May 30 Mike V. 19 yrs.

## Lion's Den

Last Wednesday  
 May 30 Clint B. 2 yrs.

## Mustard Seed

Last Sunday  
 May 27 David F. 39 yrs.  
 Pierre B. 29 yrs.

## Oilmen's

May 7 Kenny E. 13 yrs.

## Providence

Last Wednesday  
 May 30 Jordan . 1 yr.  
 Charlene J. 6 yrs.

## Serenity

First Friday  
 June 1 Dwight M. 1 yr.

## St. Albert

### S.A. Sunday Breakfast

Last Sunday  
 May 27 Richard C. 6 yrs.  
 Vanessa M. 1 yr.

### S.A. Brotherhood

Last Wednesday  
 May 30 Steve H. 4 yrs.  
 Doug O. 4 yrs.

## Sherwood Park

### SP Happy Hour

May 25 Jeff R. 2 yrs.

### SP Twelve Steps to Sobriety

Last Monday  
 May 28 Mark D. 4 yrs.  
 Graham A. 15 yrs.

### SP Steps to Serenity

Last Wednesday  
 May 30 Raymond S. 18 yrs.

## Shifters

Last Saturday  
 May 26 Margie M. 14 yrs.  
 Carol M. 9 yrs.  
 Terry K. 3 yrs.

## South Side

3<sup>rd</sup> Friday  
 May 18 Roland M. 4 yrs.

## Thus We Grow

Last Tuesday  
 May 29 Hnery S. 9 yrs.

## Westminster

Last Saturday  
 May 26 Leroy L. 43 yrs.  
 Beth D. 35 yrs.  
 Sonny C. 31 yrs.  
 Lynn H. 20 yrs.  
 Gabrielle K. 19 yrs/

## BIRTHDAY CLUB FOR APRIL

BREATHE EASY GROUP  
 Chuck C.



## MOVING!

SA Brotherhood Group  
 May 2, 2018 15 Corriveau St.  
 Red Willow Church



## "THE THREE LEGACIES"

May 26, 2018  
 Annual Edmonton & Area  
 Intergroup Unity Breakfast  
 10:00 a.m. 10111 Bellamy Hill  
 Chateau Lacombe \$50.00

Speaker Scott H.-Trustee at Large  
 for Western Canada

Contact Karen W. 780-913-7909;  
 Walter S. 587-986-6801  
 Or Central Office 780-424-5900

## NEW GROUPS

### 12 Traditions Study for Ladies

Mon. 4:00 PM #205, 10544 - 114 St.,  
 -5:30 PM (Central Office)

### New Awakenings 8318 - 104 St. bsmt.

Mon. 7:00 AM Strathcona Church  
 Sherwood Park

### New at Two 4 Raven Dr.

Sun. 2:00 PM St. Thomas Church

### 84 St. Ladies #1 8406 -118 Ave. bsmt.

Wed. 8:00 PM E side in alley

### Safe Harbor Meeting

Thurs. 6:30 PM 10025 - 105 St., S side  
 -7:30 PM (First Presb. Church)

### We Agnostics 10728 - 124 St.

Fri. 7:00 PM (Alano Club)

### Sobriedad - 2 hour Spanish Meeting

Fri-Sun 6:00 PM 10728 - 124 St.  
 (Alano Club)

# CALENDAR OF EVENTS

## ROUNDUPS & FUNCTIONS

2018

### Westlock, AB

May 6<sup>th</sup> **Workshop – Group Inventory**  
2:45PM 10212 – 102 Ave.  
Westlock Lutheran Church  
Contact; 780-307-2717

### Golden, British Columbia

May 4-6 **51<sup>st</sup> Annual Golden Roundup** WE \$40.00  
4 PM 1401 – 9 Street Banq. \$25.00  
Contact: [Imorehou@mymts.net](mailto:Imorehou@mymts.net), text/call  
204-724-6475 or call 1-204-728-6475  
[jimhillisrv@inethome.ca](mailto:jimhillisrv@inethome.ca) or 1-204-78-7207

### Nanton, AB

May 12<sup>th</sup> **A New Beginning Round Up** \$30.00  
10 AM Nanton Community Centre  
South Side entrance  
Hwy 28, S of Air Musuem

### Edmonton, AB

May 26 **Annual Edmonton & Area Intergroup**  
10:00 AM **Unity Breakfast “The Three Legacies”**  
10111 Bellamy Hill Chateau Lacombe  
Speaker Scott H.-Trustee at Large for  
Western Canada \$50.00  
Contact Karen W. 780-913-7909;  
Walter S. 587-986-6801  
Or Central Office 780-424-5900

### Hay River, NT

June 1-3 **Hay River’s 5<sup>th</sup> Annual Campout** Trad 7  
Escarpment Creek Grp Campout  
South of Enterprise, NT  
Suggested \$20./ Person for the weekend

### Regina, Saskatchewan

Jun. 8 -10 **Western Canada Regional Forum**  
1818 Victoria Ave. No Registration  
Ramada Plaza Reginal Hotel  
Contact: [chair@asask.org](mailto:chair@asask.org)

### Edmonton AB

June 15-17 **A Big Book Weekend** \$40.00  
8532 – 1821 St. NW  
Aldergrove Community Hall  
Contact: 780-668-9015 or 780-686-8743  
[abigbookweekend@gmail.com](mailto:abigbookweekend@gmail.com)

### Edmonton, AB

June 22-24 **Cardiff AA Roundup** Complete \$35.00  
Cardiff Hall, Sat. Supper & Dance \$25.00  
21 Discovery Way Kids 12 – 18 \$25.00  
2 mi. E & ½ mi. S 12 & unde r~ FREE  
Contact: 780-0871 or 780-660-6895  
Or Central Office 780-424-5900

## MISSING GRAPEVINE MAGAZINES

The following Grapevine magazines are missing from our Archives.

July 1944- December 1949 All  
1951 All except January, February & October  
1952 All  
1953 All except July  
1954 All except March, August & November  
1955 Only January, February & March  
1956 Only January, February, April & November  
1957 Only February, June & July  
1958 Only January  
1959 Only August  
2004 Only March  
2015 – Only January & February  
2016 January  
2017 February to November  
2018 January & March

## GROUPS/ MEETING IN NEED OF SUPPORT

**Sunrise Light Lunch.** 11229-100 Ave. (Jellinek)  
Tues & Fri. Noon  
**Oilmen’s Group** 11223 – 51 Ave. (Holy Spirit Luther.)  
Mon. 8:00 PM  
**First Day Group** 10528 – 98 St. (Marion Centre)  
Mon. 8:00 PM  
**Active 10 Group** 9009 - 163 St. (Hosanna Lutheran)  
Mon. 8:00PM  
**Rite Trac Group** 13111 – 79 St. (Christ King Church)  
Tues. 8:00 PM  
**West End 12 Step Grp.** 18345 – 62B Ave. (Our Savior)  
Tues. 8:00 PM  
**We Agnostics** 10728 – 124 St.  
Fri. 7:00 PM (Alano Club)

NEED NEW MEMBERS AS WELL AS SUPPORT

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FAITHFUL FIVERS FOR APRIL

Clarence Y.  
Judy M.