

ECO NEWS

\$1.00

February 2021

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email: centraloffice@edmontonaa.org



TRYING TO DRINK MYSELF TO DEATH.

I began struggling with my drinking in my 20's. As I sailed through the next 30-year-long drinking career, my alcoholism progressed steadily. Many life situations ended badly. In my wake were a lot of wounded people, including people who cared for me and depended on me. I didn't make it to Alcoholics Anonymous until my mid-50's.

One of the reasons it took me so long to find help in AA was that I was misinformed about what AA is and what it was not. I was under the impression that AA was a quasi-religious organization that would shove the Christian "God" down my throat, requiring me to believe if I wanted help, turning me into a proselytizing, evangelical Christian handing out religious tracts. I wanted no part of that!

I finally reached my bottom and felt my situation was hopeless. I was trying to drink myself to death and found out my plan wasn't working as quickly nor as effectively as I expected. I kept passing out from my drinking before I could drink enough to not wake up.

This progressive illness brought me to a point where I was facing homelessness and for the first time in my life, I was ready to ask for help without dictating the terms or conditions on the help I wanted I was fortunate in that I had the Veterans Administration health system available to me. I was able to go to a Veterans Administration (VA) psychiatric hospital for detox and extended aftercare.

While in the detox unit of the VA Hospital I was encouraged (required) to attend AA meetings brought to us patients by members of various local AA Groups. It was at those meetings that I learned that I had a mistaken/wrong impression of AA. I learned that I didn't have to believe in any one conception of God or in a higher power in order to begin the program of recovery.

For the first time in a long, long time I had a glimmer of hope. During my four weeks in the detox unit, I got to hear the message of recovery by AA members of four or five different homegroups. I was amazed that these people like me (before I crashed and burned) were volunteering their time to talk to us drunks and were even grateful to do so. Thus began my road to recovery.

It is unfortunate that about 50% of the people who will die of alcoholism or related diseases in 2021 will do so without ever hearing about AA or knowing what AA is and what it is not. Our primary purpose of reaching out to the still suffering alcoholic that our Fifth Tradition talks about are not the ones that make it to our group meetings, but the ones that don't.

SEIPA does a better job than most AA service entities in reaching out to help those still suffering, but the people I see doing service are often the same people year after year.

If you are actively sponsoring people, encourage those your sponsor to step up to service beyond the home group. If you are not tied up sponsoring newcomers yourself, consider stepping up yourself.

... Borrowed from SEPIA newsletter, Sam H., 01/21

THEY... (BILL W. AND DR. BOB) NEEDED A BOOK AND.... WE (EDMONTON AND DISTRICT) NEEDED AN ARCHIVE COMMITTEE.

Edmonton and District have always collected Archival material and held it as safe as possible with the help of our office managers and members who stepped up to record and catalog the material we collected.

In 2019; several members got together and asked Edmonton Intergroup if we could form a Committee so that we could welcome members and create a budget for the things we needed. The idea was accepted and thus began the Edmonton Intergroup Archive Committee (EIAC).

At this time, the committee is comprised of Pierre B – Archivist and Pat L. – Chair. We need HELP!! I would like to welcome everyone to an area of Service that you might not have imagined. When I began my Service in AA, I never thought that our History would be so important. It absolutely is! Please call our Central Office and make arrangements to come in and meet Pierre so that you can learn how to catalogue and record the items that we have in our care.

As we are just finishing our first year of isolation during this worldwide Pandemic, we are reminded that we must record for the future of our Fellowship in the years to come – what a difference this year makes in our Recovery.

You can read about and study all the stories of success and adversity that we have experienced over the past 85 years by delving into our Archives. Please volunteer to help in “Carrying the Message To The Alcoholic Who Still Suffers” by keeping our Archives alive and well!

Carl Sandburg wrote: “Whenever a society or a civilization perishes, there is always one factor present: they forgot where they came from” ...

Submitted by Edmonton Archives Committee

SEEKING FREEDOM

If we want freedom from addiction, we must start the process ourselves. Then we must accept any help offered and follow the direction of our Higher Power. Recovery does not come to us without effort. First, we seek abstinence; we want to be clean and sober. Later, we look for the joys of living.

It often takes months and years to grasp the principles that will set us free. But, free of what? At first, freedom from alcohol; then, freedom from fear and from anything else that binds us. To become free, we can begin seeking our principles and our truth today.

Higher Power help me become free from the things that bind me. Today I will work toward freedom. Help me to stay clean and sober today!

FINDING OUR WAY

Today is a journey toward managing our illness, a journey toward acceptance of a Higher Power and of ourselves, a journey toward a better tomorrow.

Sometimes we will stumble and fail; at other times we will face little resistance. We will find opportunities for growth, acceptance, and change. If we remain patient and seek direction from our Higher Power, we will find our way.

Today, do I realize that life is a journey, and that each step helps me find my way to the next?

My journey is unique and sometimes unpredictable. Yet I will not lose my way if I stay open and pay attention.

WISDOM

A true sign of real growth and change is the appearance of regret and grief that such wisdom came so late. Often, when we deeply understand something the first time or make a real change that improves our lives, we wish we had learned this a long time ago. We mourn the losses and the pain that could have been avoided if we had only seen the light sooner.

However, a good life always brings change and growth. The greatest tragedy is when a man or woman never grows and never sees the light. We always see more clearly after we learn something new, and the regret that accompanies it is inevitable. With enough distance and perspective, most of us reach the point where we say, *I wouldn't change it if I could.*

Today I am grateful for the wisdom I have gained, and I will continue to seek more growth.

Excerpts from Inspirations, (from Atlanta, Georgia – World Conference July 2015)

TRADITION TWO

“For our purpose there is but one ultimate authority ,,,A Loving God as he may express. himself in our Group Conscience. Our Leaders are but trusted servants; They do not govern.”

The long form of this Tradition is the same as the short form. This tells me that this is a simple and straight forward Tradition and speaks exactly to us all reminding us that we are trusted servants who have been left a wonderful legacy by those who have come before us that we will leave to those who will follow.

This Tradition became more important to me every day as I travelled the road of service in Alcoholics Anonymous. It began very silently in a small group that had broken away from a larger group and the woman who started it became my best friend. On the second meeting of the “Happiness is Group” I was made the picker-upper of the key, opening up the hall and making the coffee member. I was also the washer of the ashtrays. As we were a new group, we had lots of visitors and I soon began to feel needed.

I believe that it is so important to make our newcomers feel a part of. We never asked anyone to do anything ~ we had a roster of members and we went from the top to the bottom and to the top again and each member as was assigned a job. We all felt needed and a part of the group.

We had monthly group meetings (I did not then know that they were group conscience meetings) and together we made decisions that the whole group agreed upon. A Higher Power was speaking loudly in the group and I never forgot that message as I became the GSR, DCM, CPC chair in Edmonton and Area78, Area Chair and Delegate to the General Service Conference, Panel 56.

I have always had a Home Group since that is where my sobriety began. I got to know my fellow alcoholics and I let them get to know me.

I believe that as best as I could I always kept the upside-down triangle of the structure of AA foremost in my mind as I carried out the decisions that were made by the whole of whatever committee I was privileged to serve on. I saw this in action at the Conference over and over again as 134 people made decisions for AA in North America that depended on how the individual members and groups had expressed their opinions on the Conference Agenda. I knew in the bottom of my heart that I never governed. Service in Alcoholics Anonymous has greatly enhanced my sobriety.

... Pat L., Breathe Easy Group

THE ANECDOTE BIN.

Dedicated to the lighter side of our common problem.

- On the top of this month’s Bin is the anecdote about the two kids, dressed as cowboys, who swaggered up to an empty packing case labeled “The Last Chance Saloon.” One kid pounded on the top and said, “Gimme a rye.” Not to be outdone, the other yelled, “Make mine a whole wheat.”
- Now here’s an item about a guy ~ geographical location not stated ~ who was collared by the cops for operating a still. And in case you think you’ve heard all the excuses, listens to this. “I make the stuff,” our friend told the cops, “to mix with gasoline for my outboard engine.”
- The Regina, Saskatchewan *Bureau Bulletin* reports that Bangkok, Thailand, has instant booze. They mix dry rice husks and yeast and bury it in sealed jars for a few weeks; then add water, let the mixture stand for a few minutes and shout “Skoal!” or whatever it is they shout in Bangkok. This questionable libations called “oo,” and we can imagine why.
- In the animal kingdom we find specific evidence that booze doesn’t go well with ~ in these cases ~ cows, fish, and rats. CASE A: In Western Norway, eleven cows drank fermented molasses, burned down a barn by lurching into some electrical wires, and finally staggered into a lake to drown. ... CASE B: After whiskey accidentally leaked from a Scotland distillery into a river, astonished fishermen watched salmon and trout weaving drunkenly through the water, snapping carelessly at hooks, and resisting the haul to shore with no more than a drowsy flick of their tails. They were thrown back to sleep it off. ... CASE C: University of Michigan experiments show that when rats are taught to drink, the early learners drink more than those who learn at a later age. Furthermore, those with problems drink more than their carefree brother rats, and the males outdrink the females.

... Reprinted with permission, AA Grapevine.

A FEW WORDS FROM AN ATHEIST

I dried out, sobered up, and found peace by becoming aware of, then learning to be grateful for, the simple things that make up the joy of living, instead of wallowing around in the exact nature of my wrongs; by letting others help me help myself instead of searching for moral supremacy; by learning to live and let live; and certainly not by examining someone else's "wrong" thinking about God, the Big Book, or the Twelve Steps.

Serenity has not been granted me by divine intervention or by waiting for it to land in my lap. Serenity, along with such goodies as a sense of belonging, a newfound freedom and happiness, and a better understanding of myself, comes my way by the learning of acceptance. Acceptance, especially, of the simple fact that some people believe in God and some do not.

There is a very real human power called sharing, without which I would not be alive today, let alone relieved from alcoholism today.

That's the way it works for me, and I'm willing to let it.

... from AA Grapevine International Magazine, April 1985

DAILY TIPS FOR OLD AND NEW MEMBERS

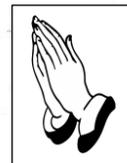
The unhappiest person in the world is the alcoholic who has an insistent yearning to enjoy life as he once knew it but cannot picture life without alcohol. He has a heart-breaking obsession that by some miracle of control he will be able to do so.

Sobriety is the most important thing in your life without exception. You may believe your job, or your home life, or one of many other things come first. But consider, if you do not get sober and stay sober, chances are you won't have a job, a family, sanity, or even life. If you are convinced that everything in life depends on your sobriety, you have so much more chance of getting sober and staying sober. If you put other things first, you are only hurting your chances.

1. Cultivate continued acceptance of the fact that your choice is between unhappy, drunken drinking and doing without just one small drink.
2. Cultivate gratitude you have had the good fortune of finding out what was wrong with you before it was too late.
3. Expect as being natural and inevitable that for a period (and it may be a long one) you will recurrently experience the craving, not for a drink as such, but for the soothing glow and warmth a drink or two once gave you.
4. Don't permit yourself to think a drink or two would make some bad situation better, or at least easier to live with. Substitute the thought: "One drink will make it worse, - one drink will mean a drunk."
5. Cultivate the enjoyment of sobriety. How good it feels to be free of shame, mortification, and self-condemnation. How good it is to be free of fear of the consequences of a drunk just ended, or a coming drunk you have never been able to prevent.
6. Cultivate gratitude. Gratitude that so much can be yours for so small a price. Gratitude that you don't have to drink. Gratitude that AA exists, and you found out about it in time. Gratitude that you are only a victim of a disease called Alcoholism, that you aren't a degenerate, immoral weakling, or the self-elected victim of a vice or a person of doubtful sanity.
7. Seek ways to help other alcoholics and remember the first way to help others is to stay sober yourself.
8. And don't forget that when the heart is heavy, and resistance is low, there is much comfort in a true and understanding friend standing by you. You have that friend in AA.

... Anonymous, borrowed from the Tri-County Newsletter, Tampa, FL.

Our Great Responsibility

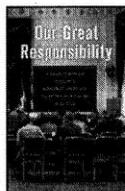


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Our Great Responsibility, Service; What Happened to Those Who Left?, page 178

"Hence, let us not pressure anyone with individual or even collective views. Let us instead accord to each other the respect that is due to every human being as he tries to make his way toward the light. Let us always try to be inclusive rather than exclusive. Let us remember that each alcoholic among us is a member of A.A. so long as he or she so declares. Some of our more obvious perils will always attach to money; to controversies within; to the ever-present temptation to scramble within and without for distinction, prestige, yes, even power. The world around us is today shattered by these untoward forces. As drinkers, we have been more subject to these forms of destruction than most other people. Here, thank God - we do have - and I trust we shall continue to have - a tremendous awareness of our responsibility for improvement."

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ACCORD	HUMAN	PRESSURE
ALCOHOLIC	INCLUSIVE	PRESTIGE
ANYONE	INDIVIDUAL	RESPECT
ATTACH	INSTEAD	RESPONSIBILITY
COLLECTIVE	LIGHT	SCRAMBLE
DECLARES	MEMBER	SERVICE
DISTINCTION	MONEY	TEMPTATION
EXCLUSIVE	OBVIOUS	VIEWS
GREAT	PERILS	WITHIN
HENCE	POWER	WORLD

SPONSORSHIP CHECKLIST

1. Am I sincerely interested in the suffering alcoholic?
2. Am I a good listener?
3. Do I look for opportunities to sincerely compliment others?
4. Is my speech free of sarcasm or prejudice?
5. Do I seek the opinions of others?
6. Do I enjoy giving credit to others?
7. Am I earnestly enthusiastic in my speech?
8. Am I a trustworthy confidant?
9. Do I interrupt others when they are talking?
10. Do I tend to argue?
11. Do I give unsolicited advice?
12. Do I criticize others openly?
13. Do I attempt to look "good" by making others look "bad"?
14. Do I have to force myself to appear positive?
15. Do I tend to exaggerate?
16. Does my voice sound threatening?
17. Do I attempt to impress others by using large and unusual words?
18. Do I use the pronoun "I" too much?
19. Do I tend to brag about my achievements?
20. Do I enjoy proving others wrong?

... Borrowed from Pensacola, Fla newsletter



CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods (AA members or groups only please):

- E-transfer to centraloffice@edmontonaa.org (you will need to provide the answer to the security question via a separate email to this address)
- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to "Edmonton Central Office" and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office
Suite 205
10544 114 St NW
Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2022 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the Edmonton Central Office Society.

(Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM at 780-424-5900. If you need to visit Central Office, please arrange an appointment by phone or email.

AA HISTORY FOR THE MONTH OF FEBRUARY

- Feb 1,** 1918 – Original date set for Bill W.'s marriage to Lois Burnham. The date was moved up because of the war.
- Feb 2,** 1942 – Bill W. paid tribute to Ruth Hock, AA's first paid secretary, who resigned to get married. She had written approximately 15,000 letters to people asking for help.
- Feb 5,** 1941 – Pittsburgh Telegram ran a story on the first A.A. group's Friday night meeting of a dozen "former hopeless drunks."
- Feb 8,** 1940 – Bill W., Dr. Bob, and six other A.A.s asked 60 rich friends of John D. Rockefeller, Jr. for money at the Union Club, N.Y. They got \$2,000.
1940 – Houston Press ran first of 6 anonymous articles on A.A. by Larry J.
- Feb 9,** 2002 – Sue Smith Windows, Dr. Bob's daughter died.
- Feb 10** 1922 -- Harold E. Hughes was born on a farm near Ida Grove, Iowa. After his recovery from alcoholism, he became Governor of Iowa, a United States Senator, and the leading dark horse for the Presidential Democratic nomination in 1972, until he announced he would not run. He authored the legislation which created the National Institute on Alcohol Abuse and Alcoholism, and other legislation to help alcoholics and addicts.
- Feb 11,** 1938 – Clarence S. ("Home Brewmeister" in 1st, 2nd & 3rd editions) had his last drink.
- Feb 12,** 1945 – World War II paper shortage forced reduction in size of the Big Book.
- Feb 13,** 1937 – Oxford Group's "Alcoholic Squadron" met at the home of Hank P. ("The Unbeliever" in the 1st edition of the Big Book) in New Jersey.
1940 – With about two years of sobriety, Jim B. ("The Vicious Cycle") moved to the Philadelphia area and started the first Philadelphia A.A. group.
- Feb 14,** 1971 – AA groups worldwide held a memorial service for Bill Wilson.
2000 – William Y., "California Bill" died in Winston Salem, NC.
- Feb 15,** 1946 – AA Tribune, Des Moines, IA, reported 36 new members since Marty M. had been there.
- Feb 16,** 1941 – Baltimore Sunday Sun reported city's first AA group begun in 1940 had grown from 3 to 40 members, with five being women.
- Feb 18,** 1943 – AA's were granted the right to use cars for 12th step work in emergency cases, despite gas rationing.
- Feb 19,** 1967 – Father "John Doe" (Ralph P.), 1st Catholic Priest in AA, died.
- Feb 20,** 1941 – The Toledo Blade published first of three articles on AA by Seymour Rothman.
- Feb 21,** 1939 – 400 copies of the Big Book manuscript were sent to doctors, judges, psychiatrists, and others for comment. This was the "multilith" Big Book.
- Feb 22,** 1842 – Abe Lincoln addressed the Washington Temperance Society in Springfield, IL.
- Feb 24,** 2002 - Hal M., "Dr. Attitude of Gratitude," died. He had 37 years of sobriety. Hal testified, anonymously, before the U.S. Senate Subcommittee on Alcoholism and Drug Abuse on December 3, 1970.
- Feb 26,** 1999 – Felicia G., author of "Stars Don't Fall," died. Born Countess Felicia G. in 1905, she was the daughter of Count Josef G. and Eleanor Medill Patterson. She married Drew Pearson in 1925 and divorced him three years later. She married Dudley de Lavigne in 1934, but the marriage lasted less than a year. In 1958 she married John Kennedy Magruder and divorced him in 1964. For most of her professional career, she went by the name Felicia G.
- Other February happenings with no specific date:**
- 1908 – Bill W. made a boomerang.
- 1916 – Bill W. & sophomore class at Norwich University was suspended for hazing.
- 1938 – Rockefeller gave \$5,000 to AA.
- 1939 – Dr. Harry Tiebout endorsed AA, the first psychiatrist to do so.
- 1940 – First organization meeting of Philadelphia AA is held at McCready H.'s room at 2209 Delaney Street.
- 1940 – 1st AA clubhouse opened at 334-1/2 West 24th Street, NYC.
- 1943 – San Francisco Bulletin reporter Marsh Masline interviewed Ricardo, a San Quentin Prison AA group member.
- 1946 – Baton Rouge, La., AA's hold their first anniversary meeting.
- 1946 – The AA Grapevine reported the New York Seaman's Group issued a pamphlet for seamen "on one page the 12 Steps have been streamlined into 5."
- 1946 – Des Moines Committee for Education on Alcoholism aired its first show on KRNT.
- 1946 – Pueblo, Colorado, had a second group, composed of alcoholic State Hospital patients.

AA HISTORY FOR THE MONTH OF FEBRUARY

1951 – Fortune magazine article about AA was published in pamphlet form.

1959 – AA granted “Recording for the Blind” permission to tape the Big Book.

1963 – Harpers carried article critical of AA.

1981 – 1st issue of “Markings,” AA Archives Newsletter, was published, “to give the Fellowship a sense of its own past and the opportunity to study it.”

Thanks to Billy C. and Nancy O. of the group “AA History Buffs” for this list, used by permission.

12 RULES OF LIFE.

Sometimes we just need to Remember what the 12 Rules of Life *really are...*

1. **Never** Give Yourself a Haircut After **Three** Margaritas.
2. **You need only two tools:** WD-40 and Duct Tape. If it doesn't move and it should, use WD-40; if it moves and shouldn't, use the duct tape.
3. The six most essential words for a healthy vital relationship ... ***"I apologize"*** and ***"you might be right."***
4. Everyone seems normal until you get to know them.
5. Never pass up an opportunity to pee.
6. If she says that you are too good for him -- believe her, because it's probably true.
7. Learn to pick your battles; ask yourself, ***"Will this matter five years from now?"***
8. When you make a mistake, make amends immediately...it's easier to eat crow while it's still warm.
9. Since You Woke up Breathing, Congratulations! You have another chance, so just enjoy it...take the good and the not so good...it's called reality!
10. ***"Living Well" really is The Best Revenge.*** Being miserable because of a bad or former relationship just might mean that the other person was right about you.
11. ***Work is Good, but it's Not That Important.*** Money is Nice, but You Can't Take It With You. Have fun and enjoy, because statistics show most people don't live to spend all they saved -- some die even before they retire... now lets' face it, you've never seen a U-Haul hooked up to the rear of a hearse, have you? And everything we have isn't really ours -- it was given to us by God; He just lets us borrow it while we're here even our kids.
12. And Finally ... Be Really Good To Your Family **And** Friends. You never know when you are going to need them to empty your bedpan.

... Submitted by Briane A., Sydney, BC

DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7th Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays, and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength, and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

Material must be submitted no later than the 20th of the preceding month for it to print in the next month's issue.

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7 Fax: (587) 523-4334

Email: centraloffice@edmontonaa.org **Subject Line: Attention ECO News**

Edmonton Central Office Society				
INCOME STATEMENT 2020				
	December	YTD	YTD BUDGET	variance
General Receipts:				
Group Contributions	\$ 6,620.01	\$ 76,770.63	\$89,625.00	\$ 12,854.37
Individual/Bequeath	\$ 8,770.00	\$ 32,448.00	\$4,100.00	-\$ 28,348.00
Birthday Club/Faithful Fivers	\$ 435.00	\$ 2,446.00	\$2,500.00	\$ 54.00
Office Supplies / Postage	\$ 93.00	\$ 966.50	\$1,000.00	\$ 33.50
Newsletter	\$ -	\$ 4.00	\$200.00	\$ 196.00
Rental Income-EGSC, etc	\$ -	\$ 670.00	\$2,400.00	\$ 1,730.00
Tradition Seven-meetings	\$ 348.45	\$ 1,989.00	\$6,500.00	\$ 4,511.00
Fundraising	\$ -	\$ -	\$5,000.00	\$ 5,000.00
Other Inc (Interest, etc)	\$ 85.83	\$ 118.76	\$60.00	-\$ 58.76
Total General Receipts	\$ 16,352.29	\$ 115,412.89	\$ 111,385.00	-\$ 4,027.89
Literature & Medallion				
Literature	\$ 5,613.40	\$ 53,924.70	\$100,000.00	\$ 46,075.30
Medallion	\$ 2,038.00	\$ 18,022.00	\$20,000.00	\$ 1,978.00
Total Literature and Med.	\$ 7,651.40	\$ 71,946.70	\$ 120,000.00	\$ 48,053.30
		\$ -		
Total Revenue	\$ 24,003.69	\$ 187,359.59	\$ 231,385.00	\$ 44,025.41
Expenses: (COS)				
AAWS & Grapevine Literature	\$ 3,207.79	\$ 34,973.26	\$60,000.00	\$ 25,026.74
Meeting list & Greeting Cards	\$ 170.08	\$ 1,943.53	\$6,400.00	\$ 4,456.47
Medallion Purch /engraving	\$ 748.97	\$ 9,885.76	\$12,400.00	\$ 2,514.24
Freight / Brokerage	\$ -	\$ -	\$85.00	\$ 85.00
	\$ 4,126.84	\$ 46,802.55	\$ 78,885.00	\$ 32,082.45
Intergroup Expenses				
12 Step Answering	\$ 404.87	\$ 4,858.45	\$4,900.00	\$ 41.55
Literature expense	\$ 5.28	\$ 163.54	\$100.00	-\$ 63.54
Communications & Tech	\$ -	\$ -	\$1,200.00	\$ 1,200.00
Other (Archive, 12 Step,Cred,Grp Serv	\$ -	\$ -	\$1,000.00	\$ 1,000.00
	\$ 410.15	\$ 5,021.99	\$ 7,200.00	\$ 2,178.01
Administrative Expenses				
		\$ -		
Accounting & Legal	\$ 179.38	\$ 2,704.26	\$3,500.00	\$ 795.74
Bank Chgs & Cr Card chgs	\$ 319.57	\$ 1,662.44	\$1,700.00	\$ 37.56
Computer & IT Maintenance	\$ -	\$ 796.98	\$6,000.00	\$ 5,203.02
Equipment Lease/Purchase	\$ 359.77	\$ 4,639.90	\$4,750.00	\$ 110.10
Fundraising expense	\$ -	\$ -	\$ 5,000.00	\$ 5,000.00
Insurance	-\$ 286.25	\$ 2,853.12	\$3,500.00	\$ 646.88
Newsletter Expenses	\$ -	\$ -	\$50.00	\$ 50.00
Office Supplies	\$ 373.29	\$ 1,907.81	\$1,000.00	-\$ 907.81
Postage	\$ 210.15	\$ 1,398.42	\$1,900.00	\$ 501.58
Rent	\$ 3,634.65	\$ 43,654.54	\$48,000.00	\$ 4,345.46
Repairs & Maintenance	\$ -	\$ 216.27	\$2,000.00	\$ 1,783.73
Salaries, Source, WCB	\$ 7,853.40	\$ 64,568.90	\$62,000.00	-\$ 2,568.90
Staff Training / Seminar	\$ -	\$ 133.58	\$ 3,600.00	\$ 3,466.42
Telephone / Internet	\$ 162.77	\$ 1,808.23	\$2,300.00	\$ 491.77
	\$ 12,806.73	\$ 126,344.45	\$ 145,300.00	\$ 18,955.55
		\$ -		
Total Expenses	\$ 17,343.72	\$ 178,168.99	\$ 231,385.00	\$ 53,216.01
		\$ -		
Income / (Loss)	\$ 6,659.97	\$ 9,190.60	\$ -	-\$ 9,190.60

2021 Birthdays for February

Breathe Easy

First Friday
 Mar. 5 Andre G. 6 yrs.
 Bruce M. 8 yrs.
 Davin T. 7 yrs.

Capilano Step

First Thursday
 Mar. 4 Ken B. 7 yrs.
 Stan B. 34 yrs.

Clareview Big Book

Last Wednesday
 Feb. 24 Lance K. 2 yrs.
 Gary N. 25 yrs.

Fulton Place

Last Friday
 Feb. 26 Sharyn C. 5 yrs.

Gratitude

Last Monday
 Feb. 22 Barry W. 2 yrs.
 Octavus 1 yr.

Mustard Seed

Last Sunday
 Feb. 28 Peter N. 3 yrs.

South Side

Third Friday
 Feb. 19 Mike B. 13 yrs.
 Karen W. 16 yrs.

The Why Group

Last Saturday
 Feb. 27 Grant K. 8 yrs.
 Debra M.C. 4 yrs.
 Ole I. 38 yrs.
 Marty G. 6 yrs.

West End 12 Step

First Tuesday
 Mar. 2 Roy W. 37 yrs.
 Richard W. 13 yrs.

West End Men's

First Wednesday
 Mar. 3 Mike B. 5 yrs.
 James H. 17 yrs.
 Ravi S. 9 yrs.

Westminister

Last Saturday
 Feb. 27 Linda V. 45 yrs.
 Steve K. 46 yrs.
 Brenda B. 24 yrs.

*SHERWOOD PARK

Twelve Steps to Serenity

Last Monday
 Feb.22 Brian D. 3 yrs.
 Jeff B. 7 yrs.
 Larry V. 34 yrs.

ST. ALBERT

S.A. Brotherhood

Feb. 24 Tom H. 20 yrs.
 Janice B. 9 yrs.
 Clarke S. 9 yrs.
 Carolyn J. 16 yrs.
 Corry W. 15 yrs.

S.A. Sunday Night Step

Feb. 28 Tucker T. 4 yrs.



FAITHFUL FIVERS CLUB

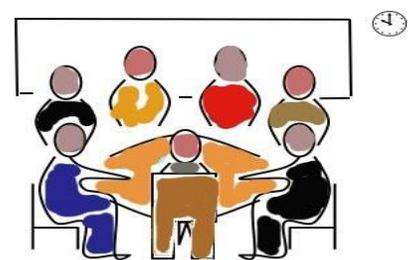
“What is the Faithful Fivers Club?”

- The Faithful Fivers Club was initiated several years ago to generate funds for the Twelfth Step Work done through the staff and volunteers at your Central Office.
- **AA members pledge a donation of \$5.00 or more a month to assist this work.**
- What you receive for your support is the satisfaction of carrying the message.
- Please contact Central Office, if you want to join our **FAITHFUL FIVERS CLUB!**
- #205, 10544 – 114 St., Edmonton, AB
- T5H 3J7 780-424-5900
- Email: centraloffice@edmontonaa.org

GROUPS IN NEED

OF SUPPORT

- First Day Group** (Last)
 Mon. 8:00 PM 10528 – 98 St.
 Marion Centre
- 60 Minutes to Sobriety** (Last)
 Sun. 8:00 PM 13708 – 74 St.
 McClure Unit. Church
 Elevator
- St. Albert Brotherhood** (Last)
 Wed. 8:00 PM 15 Corriveau Ave.
 Red Willow Church



2021 Calendar of Events

St. Albert, ASB

Feb. 12 **District 64 Unity Night**
 7-9 PM Join Zoom meeting at:
 <https://us02web.zoom.us/j/2264918266>
 Meeting I.D. 226 491 8266
 One tap mobile: +17789072071

Edmonton, AB

Feb 21/21 **No Slips, No Falls Sober Skate Event**
 11am to 3pm Hawrelak Park near Site #1
 Look for Signage
 Bring your own skates,thermos,
 munchies, hot dogs, there will be a fire.

Charlotte, NC

Feb. 18-21 **First Virtual Intl. Women's Conf.**
 Register online to attend.
 IWC is a CLOSED AA women's conference
 <https://internationalwomensconference.org>

New York, NY

Feb. 26-27 **WRAASA 2021** - via Virtual Conference
 "AA in a Time of Change"
 Register: wraasa.org
 WRAASA is to develop greater unity for
 Western Canada for idea exchange etc.

Edmonton, AB

Feb. 22 **65th Anniversary Oilmen's Group**
 8 PM 8318 – 104 St., North door
 Strathcona Baptist Church

Edmonton, AB

Mar. 17 **District 57 Unity Night**
 7:30-9:30PM Zoom enter:
 Personal Meeting ID 7366511306

BIRTHDAY CLUB
FAITHFUL FIVERS
 Jillian B., AB Group

SEEING IS BELIEVING,

The Wright Brothers' almost childish faith that they could build a machine which would fly was the mainspring of their accomplishment. Without that, nothing could have happened.

We agnostics and atheists were sticking to the idea that self-sufficiency would solve our problems. When others showed us that God-sufficiency worked with them, we began to feel like those who had insisted the Wrights would never fly. We were seeing another kind of flight, a spiritual liberation from this world, people who rose above.

...Reprinted w/ permission, As Bill Sees It, pg. 47

THE GAL IN THE GLASS

When you get what you want in your struggle for self
 And the world makes you queen for a day,
 Just go to a mirror and look at yourself,
 And see what THAT gal has to say.

For it isn't your husband or family or friend
 Who judgement upon you must pass,
 The gal whose verdict counts most in the end,
 Is the one staring back from the glass.

Some people may think you are a straight-shootin' chum.
 And call you a person of place,
 But the gal in the glass says you're only a bum,
 If you can't look her straight in the face.

She's the gal to please, never mind all the rest,
 For she's with you clear up to the end,
 And you've passed your most dangerous, difficult test,
 If the gal in the glass is your friend.

You may fool the whole world down the pathway of year,
 And get pats on the back as you pass,
 But your final reward will be heartaches and tears,
 If you've cheated the gal in the glass.

... Anonymous

MISSING GRAPEVINE MAGAZINES

The following Grapevine magazines are missing from our Archives.

July 1944 – December 1949 –
 1949 All except May
 1950 All
 1951 All except Jan., Feb. & Oct.
 1952 All
 1953 All except July
 1954 All except March, August & Nov.
 1955 Only January & February
 1956 Only Jan., February, April & Nov.
 1957 Only February, June & July
 1958 Only January
 1959 Only August
 2015 Only February