



Ladies Summer 12-Step Retreat

We are now accepting early reservations for the **Summer 2026 Ladies' Silent Meditation Retreat.**
July 24, 25, 26 - arrival **6 pm** Friday- Depart noon Sunday

This retreat offers a serene and supportive environment to disconnect from the noise of daily life, reconnect with your inner self, and deepen your spiritual practice. Through silence and stillness, participants are invited to experience rest, reflection, and renewal.



Retreat Details:

- 📅 **Date:** Summer 2026 (7-24,25,26-2026)
- 🧘 **Format:** Silent meditation retreat
- 🎒 **What to Bring:** A blanket and personal toiletries
- 🍽️ **Provided:** All meals, water, coffee, tea, and light snacks

This is a unique opportunity to step away from the busyness of life and spend intentional time in quiet connection with your higher power.

Space is limited. To secure your spot, please let us know as soon as possible.
TEXT 587 377 1117 OR BOOK through email centraloffice@reddeeraa.org

