

ECO NEWS

\$1.00

April 2025

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email. centraloffice@edmontonaa.org

TRADITION FOUR

“Each group should be autonomous except in matters affecting other groups or AA as a whole.”



STEP FOUR

“Made a searching and fearless moral inventory of ourselves.”

PROMISE FOUR

“We will know Peace”

From the Editor

Easter is a “movable feast,” so it doesn't happen on the same date from year to year. Easter 2025 is on Sunday, April 20. Easter Sunday is, of course, always on a Sunday, but the exact date varies each year depending on the Moon's position in early spring. According to a 4th Century ruling, Easter Sunday is the first Sunday after the first full Moon of spring.

While Easter celebrations may not seem to get so out of hand as Christmas or New Years get-togethers, any holiday can come with exposure to alcohol and relapse triggers, which is why one can never be too careful when it comes to one's sobriety. We will have some sobriety tips to help you enjoy a happy sober Easter rather than expose yourself to potential relapse.

I thought I would try out the AI Assistant on my pdf reader, so I used it to summarize the prayer “Just for Today”. The full prayer and the summary provided by the AI assistant are provided on page 3.

Karen O.'s Delegate report is included in this issue as a way of caring the message of Service in our Area. Of note, preparations are underway for the Pre-Conference Spring Assembly to be held in Red Deer, April 11-13.

There are several additional upcoming events in April. There is a Treatment Workshop April 5th at the Alano Club. The Edmonton Grapevine Committee (EGSC) presents a book study online about Emotional Sobriety from Tuesday April 1-May 13, 2025. The Annual District 61 AA Round Up takes place April 25th & 26th at the Ardrossan Recreational Complex. Details of these events as well as future events are presented in this newsletter.

Wishing you a good read.

In service and with gratitude,
Julia J.



We would like to hear from you about your AA related experience, strength, and hope, keeping in mind copyright and credit concerns.

For example, write a short article about your home group, give your interpretation of a slogan, explain one of the steps or traditions, send a joke or cartoon keeping in mind the sensitivities of our readership. Any contributions will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, group, and phone number where you can be reached (of course we will protect your anonymity).

Material must be submitted no later than the 20th of the preceding month for it to print in the next month's issue.

Submit articles to AA Central Office, #205, 10544-114 St NW, Edmonton, AB T5H 3J7 Fax: (587) 523-4334

Email: centraloffice@edmontonaa.org

Subject Line: Attention ECO News

Staying Sober on Easter

Below are some tips for staying sober on Easter:

- Attend a 12-step meeting before celebrating somewhere where there's alcohol for some advice and motivation
- Have an accountability partner with you who will keep you on track
- Find your own transportation or hitch a ride with someone who's also sober
- Don't be afraid to leave early from an event if you feel stressed
- Be prepared to encounter difficult family members if you celebrate with others
- Prepare to politely refuse alcohol at any social gatherings
- Be prepared to answer questions about your sobriety in social gatherings
- Have an escape plan if you find yourself in a stressful or tempting situation
- Do volunteer work

<https://faithrecoveryhope.org/happy-sober-easter>



Prayer and AI Generated Summary

Just for today

Just for today I will try to live through this day only, and not tackle my whole life problem at once. I can do something for twelve hours that would appal me if I felt that I had to keep it up for a lifetime.

Just for today I will be happy. Most folks are as happy as they make up their minds to be.

Just for today I will adjust myself to what is, and not try to adjust everything to my own desires. I will take my 'luck' as it comes, and fit myself to it.

Just for today I will try to strengthen my mind. I will study. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought and concentration.

Just for today I will exercise my soul in three ways: I will do somebody a good turn, and not get found out; if anybody knows of it, it will not

count. I will do at least two things I don't want to do - just for exercise. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

Just for today I will be agreeable. I will look as well as I can, dress becomingly, talk low, act courteously, criticise not one bit, not find fault with anything and not try to improve or regulate anybody except myself.

Just for today I will have a programme. I may not follow it exactly, but I will have it. I will save myself from two pests: hurry and indecision.

Just for today I will have a quiet half hour all by myself, and relax. During this half hour, sometime, I will try to get a better perspective of my life.

Just for today I will be unafraid. Especially I will not be afraid to enjoy what is beautiful, and to believe that as I give to the world, so the world will give to me.

Here is what the AI Assistant gave when asked to summarize the document:

Just for today:

- Focus on today only, not your whole life.
- Choose to be happy.
- Accept things as they are and adapt.
- Strengthen your mind by studying and learning.
- Do good deeds secretly and challenge yourself.
- Be agreeable, dress well, and act courteously.
- Have a plan to avoid hurry and indecision.
- Spend a quiet half hour alone to relax and reflect.
- Be unafraid to enjoy beauty and believe in giving to the world.

Approved by AA General Service Conference in Ireland. Contact details:
Alcoholics Anonymous, Dublin.

Just for
today

Delegates Corner March/April

Hello Area 78, as I begin this month's newsletter it is the first day of Spring!

I look out my office window and see the first blades of grass trusting the light, emerging from the thawing ground. A ladybug is crawling on the windowsill.

Spring, a time of reawakening, trusting the light after our winter of introspection. Our spirits yearn to stretch and live! In sobriety, we reawaken each day, moving towards the light. Trusting it. Trusting the process of growth.

A few days ago, another member and I were reflecting on the wonder of the sun rising in the east at the same time as a full moon was setting in the west. Life unfolding as life does, we are fortunate to be able to awaken to observe it, so blessed to be able to see where there is wonder and there is hope.

It has been another really busy month as we all progress towards our Pre-Conference Spring Assembly to be held in Red Deer, April 11-13. All GSR's are encouraged to attend and bring their group's voice! As this is where the Delegate gathers the Area's voice to take to the 75th Conference in New York April 26-May 3.

The Agenda for our Pre-Conference Assembly is linked [here](#) as well as listed under events on our [area78.org](#) website. Though this assembly is not a hybrid event, members are welcome to come listen to the online streaming. The address to sign in is zoom ID: 708 555 5414 passcode area78 and is on the first page.

The Committee Chairs and Table Officers met for 9 hours online, Saturday March 22, to go over all the Proposed Agenda Items (PAI's), and summarize the background material. I am so proud of our Area Committee Chairs for the love they have for our process that shows in the actions they take. This bit of work we all did will assist the Committees you have been assigned to in making your recommendations. Please take some time to look over the background materials prior to attending the Assembly to familiarize yourself with your committee's agenda. You will find all the Agenda Items on our [area78.org](#) website - under Information, Private Downloads. Email eservices@area78.org for the login and password.

New GSR's and DCM's - to know your committee ahead of time so you can discuss those agenda items with your members, please contact Raymond C., our Area Registrar, at grouprecords@area78.org to be assigned a committee. You can share the Agenda Items Summaries &/or the background information with your members for their thoughts and ideas. OR, you can wait until you register at the event to be assigned to a committee. Don't worry if you are new, or don't know much - your Committee Chairs are well prepared to help you understand the background materials that will assist us in making recommendations. Your fresh outlook on things might be exactly what AA needs to hear right now!

Go take a look at the Items we will be discussing - there is some pretty interesting stuff going on as we evolve our ability to help others. We examine what we are doing to carry the message to the still suffering alcoholic as well as to those who try to help us.

We will be discussing our Outfacing pamphlets - are we doing the best we can to inform Professionals, Dr's and Nurses, Lawyers, Judges, and Corrections officers? How effective are we in

letting them know we can help them help us? We want them to know we have a solution that really works - we can help where so many others cannot.

Are we accessible enough to the Public at large? What happens when you Google “I need help with my drinking?” Have you seen any public information commercials on TV or heard us mentioned on Radio? Our aa.org website has a ton of information to share to help get our message of recovery out. This is your 7th Tradition contributions in action!

These are just some of the items we look at and if there is a better way, then it is up to us, you and me to suggest better ideas. Participate as we evolve, have a say in the direction you think AA needs to go. It takes all kinds to make this process work. Every voice has a right and a responsibility to participate.

As a group we will discuss, review and recommend as we seek to find God in our Collective Group Conscious. How do we actually find the best for AA? Participate in the process - that is how.

Tradition 9 says we cannot force anyone to do anything they don't want to do in AA - we have no AA police, no punishment, no punitive measures whatsoever! And defiance being one of the outstanding characteristics of the alcoholic, we can see where some members say, “Nope - I'm not taking part in that service stuff - its “those people” who are doing whatever they like to AA.” It is important that we understand only one thing here - there is no “those people” - there is only you and me. We, and we say it this way - “I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.”

Bill and Bob gave you and me the responsibility to look after this thing. Leadership is about being of service to those positions we serve. So, you tell the leadership what to do. I'll say again - You tell the leadership what to do.

As your Area 78 Delegate I will attend the Pre-Conference Assembly in Red Deer, and you will direct me on the direction you want AA as a whole to go. I am then “delegated” to take your voice to New York to meet with the other 93 Delegates, 22 Trustees and 19 staff members to also discuss and find God in our Collective Group Conscious.

Also in the Pre-Conference Assembly Agenda, you will find three motions regarding group insurance to take to your groups to discuss. You will be given an opportunity to bring that voice to the discussion at the assembly before voting. The motions require a substantial unanimity (2/3) vote in order to pass, and the minority voice is heard.

We will be voting on where to host the upcoming 2026 Area Committee Meetings in May and January, as well as the 2028 Western Canada Regional Forum. Information on these bids will be found as well in the Agenda on our area78.org website.

There are three sharing questions to take to your groups, on Page 8 of the Assembly Agenda. Bring the group's thoughts to the “Sharing Question” session over the weekend. These questions are taken from the theme for our WRAASA that was held in Winnipeg and the theme of the 2025 Conference – “Working Together, Increasing Trust”. The discussion will be printed in the Area Assembly Minutes after the event.

A quick reminder - the International Convention is coming up this July 3-6 in Vancouver BC! I am still accepting names to take part in two-hour stints at the Hospitality Room - and will have a sign-up

sheet at the Assembly! You get to give and get hugs and mingle with people in a quiet setting! A bit of bling will be available to receive and some postcards to give out to commemorate this special event. Go to aa.org for more information on how to register - a wide variety of housing is still available and an extensive list to check out those suggestions has been painstaking developed.

I want to take a moment here to thank you all for your love of AA and dedication to service, recovery is a team sport, we are way better than me! Together we can do what none of us can do alone. And as we work together to keep our message clear and strong for those still stumbling around in the dark, we find deep meaning and purpose that strengthens our light individually and collectively. We have a solution that works! Let's grow and share together!

Warm Regards and Loving Service,

Karen O'C

Area 78, Panel 74 Delegate

delegate@area78.org

cklinservice@icloud.com

403-479-6883

Public Information Committee / International/Regional Forum Committee

75th GSC Delegate Chair

"Forget me, but go you and do likewise. Add your own link to our chain. With God's help, forge that chain, well and truly." Dr Bob "AA Comes Of Age"

CONCEPT FOUR

At all responsibility levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation for each member in reasonable proportion to the responsibility that he/she must discharge.

(Paraphrased from the A.A. Service Manual/Twelve Concepts for World Service)

Fourth Step prayer

Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it.
My mistakes are mine and I will begin a searching and fearless moral inventory.
I will write down my wrongs, but I will also include that which is good.
I pray for the strength to complete the task.
(from Atlanta, Georgia – World AA Conference – July 2015)



Group Birthdays April 2025

STONY PLAIN

Monday Night

Last Monday

Apr 4 Len B. 56 yrs

Please send birthdays to
editor@edmontonaa.org

or

update your members list
at AA Central Office,
#205, 10544-114 St NW,
Edmonton, AB T5H 3J7

WEM

Last Wednesday

Apr 12 Lucas H. 9 yrs

17 Jason H. 8 yrs

26 Bruce J. 23 yrs

29 Seann H. 12 yrs

SHERWOOD PARK

12 Steps to Serenity

Last Monday

Apr 23 Brad F. 26 yrs

ST. ALBERT

Sober Sisters

Last Wednesday

Apr 4 Magen C. 4yrs

9 Payton M. 1 yr

13 Tracie J. 11 yrs

30 Tracy D. 6 yrs

Sunday Night Step Study

Last Sunday

Apr 1 Arlene B. 19 yrs

28 Nicky W. 14 yrs

Breakfast

Apr 3 Michelle B. 5 yrs

10 Jocelyn M. 5 yrs

30 Mac F. 4 yrs

BIRTHDAY CLUB

David B., Lighthouse

“What is the Birthday Club?”

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds HELP SUPPORT Central Office staff and volunteers to carry the Twelfth Step message during office hours.

BIRTHDAY CLUB

- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!**



FAITHFUL FIVERS

David B., Lighthouse

The Faithful Fiver Club was initiated several years ago to generate funds for Central Office. AA members pledge a donation of \$5.00 or more a month. They then receive the satisfaction of carrying the message to the alcoholic who still suffers, and recognition (if they desire) in the monthly ECOS Newsletter.

Upcoming Events and other Notables



District 40
Review of General
Service
Conference Agenda
Items

April 6th from 9 am to Noon

Being held on Zoom 828 121 1296 No password

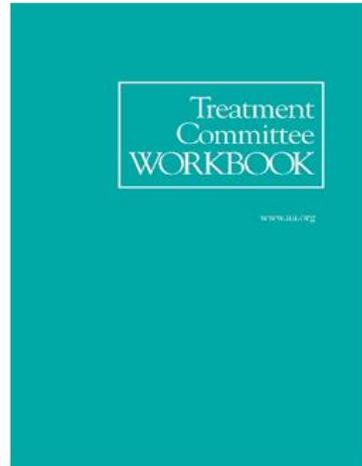
All are welcome!

District 40 will continue its review of the General Service Conference agenda items in preparation for the pre-conference assembly. All are welcome!



HOLD THE DATE

TREATMENT WORKSHOP



April 5, 2:00-6:00 p.m.

Alano Club

10728 124 Street, Edmonton

Attendance is free but limited.

Please register at:

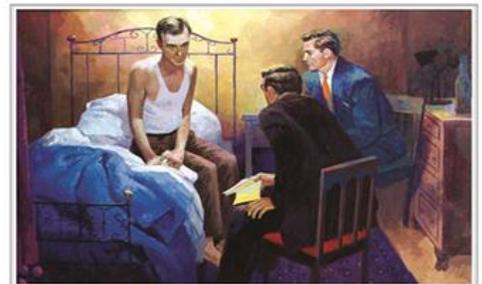
egsc.treatmentchair@edmontonaa.org

Special Guest

Facilitators:

Jeff B.

Larry V.



The Edmonton Grapevine Committee (EGSC)
presents a book study:

Emotional Sobriety II: The New Frontier

Meetings will run each Tuesday from April 1
to May 13 from 8:00 to 9:00

Zoom ID: 830 1406 8557 Passcode: 612932

For more information text or call Chris P. at
(780) 818-8685.



EMOTIONAL
SOBRIETY
The Next Frontier

A Priceless Reward

... work with other alcoholics ... It works when other activities fail.

ALCOHOLICS ANONYMOUS, p. 88

April 25th & 26th, 2025
With Al-Anon Participation

Percy G.- Gravenhurst, ON

Jeff S.- Hamilton, ON

Don M.- Winnipeg, MB

Brian B.- Vegreville, AB

Nikki S.- Hamilton, ON

Ardrossan Recreational Complex

80 - 1 Avenue, Ardrossan, AB

Early bird registration: \$50/person

After April 18, registration \$60/person

Registration includes banquet dinner and
Soup, Salad & Sandwich lunch on Saturday

Canteen Available

Drinks, Snacks, Hamburgers & Hot dogs

Reserve your tickets by e-Transfer

d61roundup@gmail.com

Include name and number of tickets in the message line

Roundups are not AA meetings

The cost of this roundup is paid through registration fees

For information call

Duncan M. 587-930-2302 Sharon M. 780-965-8624

Annual AA Roundup 2025
District 61

The Dolphin Group would like to make an announcement.

Dolphin Group Speaker Meeting on April 30, 2025 11930 162 Avenue Northwest 7:00pm
Street parking

The **Edmonton Cooperation with the Professional Community** committee of Alcoholics Anonymous would like to extend an invitation for you to attend a professional luncheon. This event is being held for those in the Edmonton professional community who are interested in learning about how Alcoholics Anonymous can help individuals within the scope of your professional practice to gain and maintain sobriety.

It is only through the kind cooperation of so many non-alcoholic professionals like you, that A.A. has more than two million members in recovery, in over 180 countries.

Our committee's work would be enhanced by your participation, and we would be delighted if you could attend this valuable and informative presentation.

Lunch is free for attending professionals. Please list any dietary concerns in your RSVP. A.A. members are welcome to attend for a fee of \$25.00. A.A. members are encouraged to extend this invitation to professionals who may benefit.

If you are able to attend please RSVP by June 7th, 2025 by emailing Loni at: egsc.picpcchair@edmontonaa.org.

Lunch is on us, and parking is free!

We hope to see you in June!

Sincerely,
Loni R.
PI/CPC Chair, Edmonton



**LET'S HAVE A
CONVERSATION**

JOIN US AT OUR
**BUSINESS PROFESSIONALS
LUNCHEON**

Doors Open 11:15 AM
Lunch 11:30 AM
Presentations 11:45 AM to 1:15 PM

WEDNESDAY

JUN | 11 | 2025

CHATEAU LOUIS HOTEL

11727 Kingsway Avenue, Edmonton
St. Michael Room (in the back annex)

RSVP TO LONI BY JUNE 07th
egsc.picpcchair@edmontonaa.org

Please indicate any dietary preferences when RSVP'ing.

AA Members welcome. Lunch \$25.
Business Professionals. Complimentary lunch.



Crowsnest Pass LADIES' RECOVERY CONFERENCE 2025

Connecting with Love, Service, & Unity

WHEN: JUNE 6, 7 & 8, 2025

WHERE: Island Lake Christian Retreat Centre
Coleman, Alberta

COST: \$200.00 (includes: food, accommodation & conference)

Need Information: Michelle: (403) 563-0548 or

Karen: (403) 479-6883

Email: koin@shaw.ca

SPEAKERS, MEETINGS
WORKSHOP, KAYAKING,
HIKING, YOGA,
FELLOWSHIP, & MORE



Southside Group 75th Anniversary!!!

Join us for fellowship commemorating the
75th Year of the Southside Group, one of the
original Edmonton AA Groups!

Saturday June 21, 2025 4:30 - 8:30pm
Fulton Place Community Hall
6115 Fulton Road

Spaghetti Dinner with Wayne's World
Famous Sauce!!!
BYOB Bring Your Own Bib!!!

Speakers
Fellowship
Fun!

Tickets \$20 Tickets available at Edmonton Central Office (0544-114 St,
or contact Aalo D 780 966 2011

For more information come to the Southside Meeting Fridays at 8pm Chapter House 8318 - 104 St NW

**REGISTER BY
APRIL 15
FOR EARLY BIRD
PRICING**

2025 A.A. INTERNATIONAL CONVENTION

Join your friends in Vancouver,
British Columbia, Canada
July 3-6

HIGHLIGHTS INCLUDE...

- ▶ Thursday night block party
- ▶ Flag Ceremony
- ▶ Stadium meetings
- ▶ Old Timers Meeting

AND MORE...including 250+ meetings,
hospitality suites, and a full slate of
panels and workshops

**HOUSING IS
STILL
AVAILABLE!**

REGISTER NOW

LEARN MORE

aa.org/international-convention

2025ic@aa.org

Alcoholics Anonymous®

District 64 (St. Albert) Unity BBQ

Where: St. Albert Lions Park under cover
Who: All AA members, family, kids, friends
When: July 26
Time: 4 PM – 8PM

- ✓ D64 will be providing the hotdogs and beverages
- ✓ Please bring BBQ potluck dish (sides, salads, desserts)
- ✓ Please bring your favorite outdoor games & lawn chairs
- ✓ Event will take place rain or shine
- ✓ 7th Tradition will be honoured



Language of the Heart
Lenguaje del corazón
Le langage du cœur

INTERNATIONAL CONVENTION ALCOHOLICS ANONYMOUS

July 3–6, 2025 | Vancouver, British Columbia, Canada

Housing Resource Flyer – March 7, 2025

LATEST NEWS REGARDING 2025 INTERNATIONAL CONVENTION HOUSING

- With our registration totaling over 30,000 to date a majority of our Official Housing Block has been reserved including university dorm rooms. Continue to check these options as some cancellations might make some reservations available.
- While you still need to register for the 2025 International Convention, **you don't need to have accommodation from our Official Housing Block to attend.** We are providing this list of alternative resources to book accommodation on your own! So, if you are hesitant to register before guaranteeing accommodation, you can search for an available housing option, book it, and then register for the Convention.
- There are many hotels with available rooms across the city of Vancouver. To provide you with as many lodging options as possible, the resource links noted below take you outside our contracted block to the many Vancouver accommodations publicly available.

Any questions or issues related to reservations made through these alternative sites should be directed to the site's customer service.

REGISTER BY APRIL 15 FOR SPECIAL EARLY-BIRD PRICING! now! We look forward to being together in Vancouver, BC to celebrate our 90th AA Anniversary!

The top hotel booking sites for Canada include:

- [Agoda](#)
- [aRes](#)
- [Best Hotel Booking Site](#)
- [Booking.com](#)
- [Expedia](#)
- [Hopper | Book Hotels](#)
- [Hotel Tonight](#)
- [Hotels.com](#)

General Service Office of Alcoholics Anonymous

P.O. Box 459 | Grand Central Station | New York, NY 10163 USA | (212) 870-3400 | www.aa.org

- [Hotwire](#)
- [KAYAK](#)
- [Plan Your Trip | Destination Vancouver](#)
- [Trivago](#)

Vacation Rentals by Owner

- [Airbnb](#)
- [HomeToGo | Vacation Rentals](#)
- [Rent By Owner Canada and Canada Vacation Rentals](#)
- [VRBO](#)

Local TransLink Public Transportation Trip Planner (Metro Vancouver)

- [Trip Planner | TransLink](#)

Camping:

- [Parks BC](#) – central hub for all camping in BC. Search by “near Vancouver” as the park names are not familiar **AND** use the filter on the left to select Vehicle Camping to shortlist to appropriate camps.
- [Forest Farm Retreat](#) (Maple Ridge) about 1 hour drive from Maple Ridge to downtown Vancouver.
- [Porteau Cove Park](#); [Golden Ears Park](#) are both within 1 hour drive of downtown Vancouver.
- Article about [best private campgrounds near Metro Vancouver](#) - most are 45 mins to 1 hour distance, while some are over 2 hrs.

RV Parks:

- [Anmore Camp & RV Park](#), Anmore, British Columbia.
- [Burnaby Cariboo RV Park and Campground](#), Burnaby, British Columbia.
- [Capilano River RV Park](#), West Vancouver, British Columbia.
- [Dogwood Campgrounds & RV Park](#), Surrey, British Columbia.
- [Plaza RV Park](#), Surrey, British Columbia.
- [Tsawwassen RV Resort](#).

FELLOWSHIP

YOU ARE NOT ALONE

Wetaskiwin's 5th Annual Campout ROUNDUP

AUGUST 22 - 24

Cost: 7th Tradition

Friday:

- 5:00pm: Registration opens
- 6:30pm: Wiener roast (supplied)
- 8:00pm: Open AA Meeting
- 10:00pm: Campfire meeting

Saturday:

- 8:00am: Registration opens
- 10:00am: Open AA Meeting
- NOON: Chili, Soup and Buns (Supplied)
- 1:00pm: Alanon Speaker: TBA
- 2:00pm: Area Presentation: TBA
- 3:00pm: Horseshoe and Cribbage Tournaments
- 6:00pm: Potluck Supper (Meats Supplied-Chicken & Roast Beef)
- 8:00pm: AA Speaker Meeting: TBA
- 10:00pm: Campfire Meeting

Sunday:

- 8:30am: Pancake and Sausage Breakfast (Supplied)
- 10:00am: Open Call Up AA Meeting

*50-50 DRAWS *CASH RAFFLE DOOR PRIZES*SILENT AUCTION*
*BASKET RAFFLES*BRING YOUR OWN LAW CHAIRS*

CAMPING AVAILABLE

FALUN HALL located just past the bottle depot in Falun, AB.
ON HWY 13, located 12.5 KM from HWY 2 Overpass to the WEST.
272019 AB-13 Falun, AB

FOR MORE INFORMATION CALL:

Ryan P @ 780-278-2186
OR Kelly C @ 780-908-4880



WILDROSE Round-Up

With Al-Anon Participation

“Fellowship with Purpose”



September 6, 2025

Edmonton Oilfield Technical Building
2104 156 St. SW
Edmonton

Full day: \$50/person
Speakers only - \$25/person

Canteen



For tickets contact:

Ron S 780-913-0034
Ken G 780-235-6692

Or email: wildroseroundup@gmail.com

LADIES AA (est. 1995)

30TH YEAR

CELEBRATION

Let's Celebrate SEPT 4, 2025

POTLUCK & SPEAKER

4:30 PM Sunnybrook United Church
12 Stanton Street

OPEN AA MEETING @ 7:00PM

CALL 587 377 1117

New Meeting

The Principals (open)

Wednesday, 7:00 – 8:00pm

Chapter House

Strathcona

Baptist Church

8318 104 Street

NW,

Edmonton

North door,
basement.

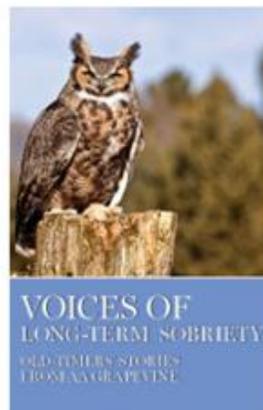
Feel free to
park in the
back of the
church but not
in the pastor
parking spot.

GRAPEVINE Daily Quote

April 26, 2021

“Serenity and peace of mind are a direct result of accepting our lives as they are at this moment, and all the money in the world cannot purchase this kind of peace.”

“From Rags to Riches,” Cornwall, Ontario,
January 2005, *Voices of Long-Term Sobriety*



Edmonton Central Office Society			
INCOME STATEMENT 2025			
	February		
	Actuals	Budget	Variance
Revenue			
Group Contributions	\$7,914.47	\$7,125.32	\$789.15
Individual/Bequeath	\$1,170.00	\$1,843.46	(\$673.46)
Birthday Club/Faithful Fivers		\$117.08	(\$117.08)
Office Supplies / Postage	\$362.00	\$194.77	\$167.23
Rental Income-EGSC, etc	\$155.75		\$155.75
Tradition Seven-meetings	\$218.55	\$162.81	\$55.74
Fundraising			
Other Inc (Interest, etc)	\$6.47	\$28.75	(\$22.28)
Total General Revenue	\$9,827.24	\$9,472.18	\$355.06
Literature & Medallion			
Literature	\$9,479.80	\$8,346.80	\$1,133.00
Medallion	\$2,643.00	\$1,984.23	\$658.77
Total Literature and Med.	\$12,122.80	\$10,331.02	\$1,791.78
Total Revenue	\$21,950.04	\$19,803.21	\$2,146.83
Expenses			
AAWS & Grapevine Literature	\$5,502.81	\$5,912.94	\$410.13
Meeting list & Greeting Cards	\$194.20	\$303.88	\$109.68
Medallion Purch /engraving	\$1,552.20	\$1,123.13	(\$429.07)
Total Literature & Medallion Expenses	\$7,249.21	\$7,339.94	(\$90.73)
Intergroup Expenses			
12 Step Answering	\$404.88	\$375.00	(\$29.88)
Other (Archive, 12 Step, Cred, Grp Serv)		\$97.50	\$97.50
Total Intergroup Expenses	\$404.88	\$472.50	(\$67.62)
Administrative Expenses			
Accounting & Legal	\$431.36	\$333.33	(\$98.03)
Bank Chgs & Cr Card chgs	\$130.59	\$166.67	\$36.08
Website Cost	\$358.75		(\$358.75)
Computer & IT Maintenance	\$416.85	\$258.33	(\$158.52)
Equipment Lease/Purchase	\$356.70	\$375.00	\$18.30
Fundraising expense			
Insurance	\$407.70	\$416.67	\$8.97
Office Supplies	\$386.49	\$291.67	(\$94.82)
Postage	\$341.61	\$233.33	(\$108.28)
Rent	\$4,088.52	\$4,750.00	\$661.48
Salaries, Source, WCB	\$5,314.77	\$5,833.33	\$518.56
Staff Training / Seminar			
Telephone / Internet	\$163.85	\$208.33	\$44.48
Total Administrative Expenses	\$12,397.19	\$12,866.67	\$469.48
Total Revenue	\$21,950.04		
Total Expenses	\$20,051.28		
Income / (Loss)	\$1,898.76		

2025 - Group Contributions to Central Office

GROUP	District	Feb	YTD	GROUP	District	Feb	YTD	GROUP	District	Feb	YTD	
10 AFTER 10 GROUP	46	\$50.00		GRUPO RANACER	46		\$0.00	S.A. STEP X STEP SATURDAY NIGHT GROUP	64		\$0.00	
60 MINUTES TO SOBRIETY	53		\$100.00	H.O.W. MEETING	46		\$0.00	S.A. SUNDAY STEP STUDY	64		\$400.00	
84TH STREET	46		\$0.00	H5	57		\$0.00	S.A. THE SISTERHOOD GROUP	64		\$0.00	
A NEW WAY OF LIFE	55	\$90.00	\$300.00	HEADS UP FOR AA	20		\$0.00	S.A. TUESDAY NIGHT GROUP	64		\$0.00	
A PEACEFUL PATH	53		\$180.00	HELPING HANDS	60	\$250.00	\$250.00	SATURDAY NIGHT LIVE MEETING	57		\$0.00	
AB GROUP	57		\$0.00	HIGH PRAIRIE - HI GROUP	7		\$0.00	SERENITY POOL SUNDAY MEETING	60		\$0.00	
ALANO WOMEN'S DISCUSSION	46		\$0.00	HOME GROUP #1	63		\$0.00	SHER. PARK 12 STEPS TO SERENITY	61		\$0.00	
								SHER. PARK COLCHESTER GROUP		\$20.00		
ALBERTA NORTHERN LIGHTS MEETING			\$0.00	HOME GROUP #11	63		\$0.00	SHER. PARK GROUP	61		\$0.00	
ALTERED ATTITUDES GROUP	46		\$0.00	HOME GROUP #13	63		\$0.00	SHER. PARK HAPPY HOUR GROUP	61		\$0.00	
AMAZING GRACE MEETING	46		\$0.00	HOME GROUP #18	63		\$0.00	SHER. PARK MILLSHAVEN	61		\$0.00	
AS IT IS GROUP	55		\$0.00	HOME GROUP #25	63		\$208.00	SHER. PARK NEW AT THREE	61		\$0.00	
BEAUMARIS LAKE GROUP	53		\$100.00	HOPE THROUGH FRIENDSHIP GROUP	40		\$0.00	SHER. PARK THERE'S MORE TO THE STORY	61		\$0.00	
BEAUMONT FRIDAY NIGHT GROUP	60	\$1,000.00	\$0.00	HOW IT WORKS GROUP	55		\$0.00	SHER. PARK TUESDAY NIGHT AT 7	61		\$0.00	
BEAUMONT HOW IT WORKS GROUP	60		\$1,000.00	INTO ACTION GROUP	40		\$0.00	SHERWOOD SISTERS IN SOBRIETY GROUP	61		\$0.00	
BEAVERLODGE GOODWILL AA GROUP	4		\$0.00	JELLNICK JUMPSTART MEETING	46	\$81.20	\$81.20	SHIFTERS GROUP	57		\$0.00	
BEVERLY GROUP	53		\$0.00	JOURNEY OF HOPE	10		\$360.00	SIMPLY SOBER AA GROUP	40		\$100.00	
BREATHE EASY GROUP	40		\$0.00	LEDUC HOW IT WORKS GROUP	12		\$0.00	SLAVE LAKE AA GROUP	7		\$0.00	
CADUCEUS GROUP	57		\$0.00	LEDUC MONDAY Night Ladies 12 & 12	12		\$0.00	SOBER COUNTRY	5		\$0.00	
CAMEL DISCUSSION CLUB	40		\$0.00	LEDUC SATURDAY NIGHT	12		\$0.00	SOBER SOLES OF EDMONTON	46		\$0.00	
CAMPUS GROUP	57		\$0.00	LEDUC SUNDAY BEGINNERS	12		\$0.00	SOUTH SIDE GROUP	57	\$300.00	\$300.00	
CAMPUS GROUP - BLUE JEAN ROUND UP	57		\$0.00	LEDUC THURSDAY NIGHT TRUDGERS	12		\$0.00	SOUTHBOUND FELLOWSHIP GROUP	57		\$250.00	
CAMROSE CITY GROUP	12		\$0.00	LEDUC TUESDAY NOON MEETING	12	\$150.00	\$150.00	SOUTHSIDE CHAPTER HOUSE STEP STUDY	57		\$0.00	
CAPILANO STEP GROUP	55		\$0.00	LENDRUM NOON MEETING	57		\$0.00	SOUTHSIDE SURVIVORS GROUP (Ellerslie)	60		\$0.00	
CENTER CITY ONLINE	46		\$150.00	LENDRUM UNITY STEP GROUP	57		\$0.00	SOUTHSIDE YOUNG PEOPLE'S GROUP	57		\$0.00	
CHAPPELLE GROUP	57		\$0.00	LIGHTHOUSE GROUP	53		\$0.00	SPRUCE GROVE - SPEAK EASY GROUP	10		\$0.00	
CLAREVIEW BIG BOOK GROUP	53		\$0.00	LIONS DEN GROUP	57		\$0.00	SPRUCE GROVE AFTER 1 GROUP	10		\$120.00	
COMMON WELFARE GROUP	40		\$0.00	MANDATE:SOBER GROUP	46	\$100.00	\$200.00	SPRUCE GROVE - WE HAVE A SOLUTION	10		\$0.00	
CRESTWOOD WELCOME	40		\$0.00	MILLETT: STAIRWAY TO FREEDOM GROUP	12		\$0.00	STEP SISTERS	40		\$0.00	
DAILY REFLECTIONS GROUP	57		\$0.00	MONDAY NIGHT CAMEL CLUB GROUP	40	\$20.00	\$36.75	STEP THIS WAY	57		\$0.00	
DAYSLAND SERENITY GROUP	12		\$0.00	MORINVILLE BY THE BOOK GROUP	9		\$0.00	STONY PLAIN - 12 BY 12 TUESDAY NIGHT GROUP	10		\$0.00	
DEVON MONDAY NIGHT GROUP	12		\$0.00	MORINVILLE THURSDAY NITE STEP & TRADITION	9	\$50.00	\$50.00	STONY PLAIN - BEYOND BELIEF	10		\$0.00	
DISPLACED MALL RATS		\$400.00										
DISTRICE 40/41 COMMITTEE	40		\$0.00	MUSTARD SEED GROUP	46	\$250.00	\$250.00	STONY PLAIN - DISPLACED MALL RATS	10		\$0.00	
DISTRICT 10 COMMITTEE	10		\$0.00	NEIGHBOUR CENTER GROUP	57		\$0.00	STONY PLAIN - FIRST DOOR ON THE LEFT	10		\$0.00	
DISTRICT 10 UNITY ROUND UP	10		\$0.00	NEW DAWN GROUP	40		\$0.00	STONY PLAIN - THURSDAY NIGHT WOMEN'S GROUP	10		\$0.00	
DISTRICT 12	12		\$0.00	NEW FOUND HOPE GROUP	53		\$0.00	STRENGTH IN NUMBERS	57		\$0.00	
DISTRICT 20	20		\$0.00	NEW HOPE GROUP	53		\$0.00	SUIT UP & SHOW UP BIG BOOK STUDY	46		\$400.00	
DISTRICT 64	64	\$600.00										
DOLPHIN GROUP	53	\$385.00	\$0.00	NO SAINTS MEETING	46		\$0.00	SUNDAY MORNING BIG BOOK STUDY	46		\$0.00	
EARLY BIRDS BREAKFAST GROUP	53		\$1,065.00	NORTH EDMONTON GROUP	53		\$0.00	SUNDAY MORNING OPEN GROUP (SMOG)	57		\$0.00	
EASTWOOD GROUP	53		\$0.00	NORWOOD GROUP	46		\$0.00	SUNRISE LIGHT LUNCHEON GROUP	46	\$714.50	\$714.50	
EVANSBURG GROUP	6	\$300.00	\$125.00	OFF THE WALL & LIVING SOBER MEETING	57		\$0.00	SURVIVORS GROUP	53		\$0.00	
EYE OPENER GROUP	40	\$20.00	\$300.00	OILMENS GROUP	57	\$100.00	\$300.00	TAWAW GROUP	46		\$0.00	
FAITH WORKS STEP GROUP	53		\$36.75	OPEN DOOR GROUP	55		\$172.28	TERRA NOVA GROUP	46		\$125.00	
								TGIF		\$20.00		
FELLOWSHIP BREAKFAST GROUP	60		\$0.00	PATIENCE LOVE & TOLERANCE (CAMEL CLUB)	40	\$20.00	\$36.75	THE WHY GROUP	46		\$0.00	
FIRST DOOR ON THE LEFT	10		\$0.00	PEACE RIVER AA GROUP	2		\$0.00	THORSBY GROUP	12		\$0.00	
FRIENDS OF BILL GOLF TOURNAMENT	60		\$0.00	POUNDMAKER'S TREATMENT CENTRE - AA GROU	64		\$0.00	THUS WE GROW	57		\$0.00	
FRIENDS OF BILL W. AT THE HUB	40		\$0.00	PRIMARY PURPOSE GROUP -ONLINE	61		\$0.00	TIGERS II GROUP	40		\$0.00	
FROM GONZO TO LIFE (CAMEL CLUB)	40	\$20.00	\$0.00	PROVIDENCE GROUP	60	\$500.00	\$500.00	TO SHOW OTHERS	46		\$0.00	
FT. McMURRAY - BACK TO BASICS GROUP	21	\$373.77	\$36.75	RAY OF HOPE - ONLINE	46		\$0.00	TOWER GROUP	46		\$0.00	
FT. MCMURRAY - ROUND UP	21		\$497.77	RAY OF HOPE GROUP - IN PERSON	46		\$0.00	U OF AA GROUP	57		\$0.00	
FT. MCMURRAY - WOMEN'S RECOVER	21		\$0.00	REFLECTIONS GROUP	46		\$0.00	UNDER NEW MANAGEMENT	57		\$0.00	
FT. MCMURRAY SUNDAY MORNING DETC	21		\$0.00	RITE TRAC GROUP	53		\$0.00	UP THE CREEK	55	\$500.00	\$500.00	
FT. NELSON - MILE 300 GROUP	1		\$0.00	SANGUDO GROUP	10		\$0.00	WE AGNOSTICS	46		\$0.00	
FT. SASK BIG BOOK TOOLBOX-TALK	61		\$0.00	S.A. WOMEN'S STEP STUDY	64		\$0.00	WEST END GROUP	46		\$0.00	
FT. SASK TOWN GROUP	61		\$0.00	S.A. MEN'S BIG BOOK STUDY	64		\$0.00	WEST END MEN'S GROUP	40		\$0.00	
FULTON PLACE GROUP	55		\$0.00	S.A. BACK TO BASICS	64		\$0.00	WESTEND 12 STEP GROUP	40		\$0.00	
GIBBONS SOBERRIDER GROUP	61		\$0.00	S.A. BREAKFAST GROUP	64	\$800.00	\$800.00	WESTLOCK WEDNESDAY	9		\$0.00	
GIRL TALK	40		\$75.00	S.A. FRI. NIGHT OFF THE TRAIL GROUP	64		\$0.00	WESTMINSTER GROUP	40		\$0.00	
GOOD MORNING RESENTMENT GROUP	46		\$0.00	S.A. GRACE AT NOON	64	\$800.00	\$800.00	WETASKIWIN SUNDAY MORNING BIG BOOK DISCUSS	12		\$0.00	
GRACE POINT GROUP	57		\$0.00	S.A. INTO THE LIGHT	64		\$0.00	YOUNG & OLD GROUP	46		\$0.00	
GRATITUDE GROUP	53		\$300.00	S.A. MILLENNIUM GROUP	64		\$0.00	YOUR CHOICE GROUP	53		\$0.00	
GRUPO II	46		\$0.00	S.A. NOON MEETING/ON THE HILL GROUP	64		\$0.00					
	Total		\$3,238.77	\$0.00	S.A. SOBER SISTERS WOMEN'S A.A. GROUP	64		\$0.00	Total		\$1,554.50	\$2,909.50
			\$4,266.27	Total		\$3,121.20	\$4,194.98	Grand Totals		\$7,914.47	\$11,370.75	