

ECO NEWS

\$1.00

April 2026

Edmonton Central Office Society
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Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email: centraloffice@edmontonaa.org

FROM THE EDITOR

In this month's newsletter you are referred to an article posted on the Area 78 website. This article explains that true humility in AA means acting and serving others, neither staying silent due to fear nor speaking out of ego. The article is written by David L. from Quebec who has an impressive record of service to AA.

Yours in faith and service – Julia J.

STEP FOUR

“Made a searching and fearless moral inventory of ourselves.”

TRADITION FOUR

“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.”

CONCEPT FOUR

“At all responsibility levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation for each member in reasonable proportion to the responsibility that he/she must discharge.”

(Reprinted from the General Service Office Service Material SM F-131)

PROMISE FOUR

“We will know peace.”

Area 78 – Panel 76 Delegate’s Corner April 2026

Dave S. here— a truly grateful member of Alcoholics Anonymous, honored to serve Area 78 as your Delegate for Panel 76 (2026–2027).

It feels like I was just connecting with you all yesterday. I hope this message finds you well and enjoying the changing seasons. Here in Calgary, we’ve experienced a bit of everything—winter, summer, and back again—sometimes all in the same week! By the time you read this, I hope spring has fully arrived.

I am filled with gratitude for everyone who attended the Pre-Conference Assembly in Calgary (March 27–29, 2026). Your participation in committee discussions and sharing sessions was invaluable. Your voices help guide not only me, but all of us in trusted service, as we prepare to carry Area 78’s group conscience forward.

Congratulations to the Districts who have been selected to host the January and May 2027 Area Committee Meetings. Thank you for your willingness to serve.

The Assembly weekend was truly special. Alongside the work we accomplished, there was laughter, connection, and a deep sense of purpose. One of the most meaningful parts for me is always seeing new General Service Representatives (GSRs). This role is vital—it is where the voice of the group is first carried into our service structure.

Another powerful moment comes on Sunday mornings, when first-time attendees are invited to share. Time and again, we hear heartfelt reflections—often emotional—about witnessing the dedication behind the scenes. So many trusted servants give countless hours in service, all in an effort to fulfill our primary purpose: to carry the message to the alcoholic who still suffers.

In just a few weeks, this once hopeless alcoholic—from the wilds of northern British Columbia, near Hyder, Alaska—will find himself in New York City, attending the Annual General Service Conference. For six full days, from early morning into the evening, I will be immersed in committee work.

While the schedule feels a bit daunting, I’ve been reassured that it will also be deeply rewarding. My wife will be exploring the city alongside other partners, and I’m grateful she gets to share in this experience—she is certainly one of us.

I was deeply touched by those of you who approached me during the Assembly to offer your encouragement, thoughts, and concerns. Please know that I carry your voices with me. I remain available to each of you—your voice matters.

After returning from New York, I look forward to visiting Districts and events to share a full report from the Conference. Our next gathering will be the Area Committee Meeting in Fort St. John, BC (May 22–23, 2026). I’m especially excited to return to the north and connect with the vibrant and dedicated AA community there.

Registration will soon open for the 2026 Forum in Saskatoon, SK (June 12–14, 2026). More details can be found on Area78.org.

I'll leave you with something my sponsor often reminds me:
“Anything you do in service to Alcoholics Anonymous is enough. You make a difference.”

Thank you for allowing me to serve. I appreciate and love you all as we continue to trudge the road of happy destiny—together.

In Loving Service
Dave S.
Delegate Area 78 Panel 76
delegate@area78.org
davidhugh57@icloud.com
403-852-7659
Conference Committee on Agenda

“Plainly, I could not avail myself of God’s love until I was able to offer it back to him by loving others as he would have me.” ~ Bill W. January 1958 The Next Frontier- Emotional Sobriety.

The Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

1. *We are going to know a new freedom and a new happiness.*
 2. *We will not regret the past nor wish to shut the door on it.*
 3. *We will comprehend the word serenity*
 4. *We will know peace.*
 5. *No matter how far down the scale we have gone, we will see how our experience can benefit others.*
 6. *That feeling of uselessness and self-pity will disappear.*
 7. *We will lose interest in selfish things and gain interest in our fellows.*
 8. *Self-seeking will slip away.*
 9. *Our whole attitude and outlook upon life will change.*
 10. *Fear of people and of economic insecurity will leave us.*
 11. *We will intuitively know how to handle situations which used to baffle us.*
 12. *We will suddenly realize that God is doing for us what we could not do for ourselves.*
- Are these extravagant promises? We think not. They are being fulfilled among us — sometimes quickly, sometimes slowly. They will always materialize if we work for them. (Alcoholics Anonymous, 4th Edition, pp. 83–84)*

The following document highlights contrasting traits such as aggression versus gentleness, honesty versus dishonesty, and responsibility versus irresponsibility, emphasizing how flaws and assets influence behavior and relationships. It underscores the importance of self-awareness, setting boundaries, and balancing qualities like confidence and humility. Recognizing these traits can guide personal growth, improve interactions, and foster healthier dynamics.

Checklist of Flaws and Assets

4 Character Defect	Opposite Asset 4
aggressive, belligerent	good-natured, gentle
angry ²	forgiving, calm, generous
apathetic	interested, concerned, alert
apprehensive, afraid	calm, courageous
argumentative, quarrelsome	agreeable
arrogant, insolent	unassuming, humble
attacking, critical	fair, self-restrained
avoidant	faces problems and acts
blocking	honest, intuitive
boastful	modest, humble
careless ¹	careful, painstaking, concerned
cheating	honest
competitive (socially)	cooperative
compulsive	free
conceited ¹ , self-important	humble, modest
contradictory, oppositional	reasonable, agreeable
contrary, intractable, pigheaded	reasonable
controlling	lets go, esp. of other's lives
cowardly	brave ⁴
critical ³	non-judgmental, praising, tolerant,
cynical	open-minded
deceitful	guileless, honest
defensive	open to criticism
defiant, contemptuous	respectful
denying	honest, accepting
dependent	accepts help but is self-reliant
depressed, morose	hopeful, optimistic, cheerful ⁴
dirty, poor hygiene	clean ⁴
dishonest ³	honest
disloyal, treacherous	faithful, loyal ⁴
disobedient	obedient ⁴
disrespectful, insolent	respectful, reverent ⁴
enabling	setting boundaries, tough love
envying ^{2,3}	empathetic, generous, admiring
evasive, deceitful	candid, straightforward
exaggerating	honest, realistic
faithless, disloyal	reliable, faithful
falsely modest	honest, has self-esteem
falsely prideful ^{2,3}	modest, humble
fantasizing, unrealistic	practical, realistic
fearful ³	confidant, courageous

forgetful	responsible
gluttonous ² , excessive	moderate
gossiping ³	closed-mouth, kind, praising
greedy ^{2,3}	moderate, generous, sharing
hateful ³	forgiving, loving, concerned for others
hypersensitive	tolerant, doesn't personalize
ill-tempered ¹ , bitchy	good-tempered, calm
impatient ³	patient
impulsive, reckless	consistent, considered actions
inconsiderate	thoughtful, considerate
indecisive, timid	firm, decisive
indifferent, apathetic, aloof	caring
inflexible, stubborn	open-minded, flexible
insecure, anxious	self-confident, secure
insincere ³ , hypocritical	sincere, honest
intolerant ¹	tolerant, understanding, patient
irresponsible, reckless	responsible
isolating, solitary	sociable, outgoing
jealous ^{1,3}	trusting, generous, admiring
judgmental	broadminded, tolerant
justifying (own actions)	honest, frank, candid
lack of purpose	purposeful
lazy, indolent	industrious, conscientious
loud	tasteful, quiet
lustful ²	healthy sexuality
lying ³	honest
manipulative	candid, honest, non-controlling
masked, closed	honest, open, candid
nagging	supportive
narrow minded	open minded
obscene, crude	modest, courteous
over emotional	emotionally stable
perfectionistic	realistic goals
pessimistic	realistic, hopeful, optimistic, trusting
possessive	generous
prejudiced	open-minded
procrastinates ³	disciplined, acts promptly
projecting (negative)	clear sighted, optimistic
rationalizing	candid, honest
resentful ^{1,3} , bitter, hateful	forgiving
resisting growing	willing to grow
rude, discourteous	polite, courteous ⁴

(continued on next page)

STEP FOUR

“Made a searching and fearless moral inventory of ourselves.”

sarcastic ¹	praising, tolerant
self-important ³	humble, modest
self-centered	caring of others
self-destructive, self-defeating	self-fulfilling
self-hating	self-accepting, loving
self-justifying ³	admitting wrongs, humble
self-pitying ³	grateful, realistic, accepting
self-righteous	humble, understanding
self-seeking ³	selfless, concerned for others
selfish ^{1,3}	altruistic, concerned with others
shy	outgoing
slothful (lazy) ^{2,3}	industrious, taking action
spiteful, malicious	forgiving
stealing	honest
stubborn	open-minded, willing
sullen	cheerful
superior, grandiose, pretentious	humble
superstitious	realistic, no magical thinking
suspicious	trusting
tense	calm, serene
thinking negatively ³	being positive
treacherous	trustworthy
undisciplined, self-indulgent	disciplined
unfair	fair
unfriendly, hostile, bitchy	friendly ⁴
ungrateful	thankful, grateful
unkind, mean, malicious, spiteful	kind ⁴
unsupportive of others	supportive
untrustworthy, unreliable, dishonest	trustworthy ⁴
useless, destructive	helpful ⁴
vain	modest, humble
vindictive	forgiving
violent	gentle
vulgar ³	polite
wasteful	thrifty ⁴
willful	accepting of the inevitable
withdrawn	outgoing
wordy, verbose	frank, to the point, succinct

Selfishness— self-centeredness!

“That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly, without provocation, but we invariably find that at some time in the past we have made decisions based on self, which later placed us in a position to be hurt. So, our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn’t think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible. And there often seems no way of entirely getting rid of self without Him. Many of us had moral and philosophical convictions galore, but we could not live up to them even though we would have liked to. Neither could we reduce our self-centeredness much by wishing or trying on our own power. We had to have God’s help. This is the how and why of it. First of all, we had to quit playing God. It didn’t work. Next, we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal, we are His agent. He is the Father, and we are His children. Most good ideas are simple and this concept was the keystone of the new and triumphant arch through which we passed to freedom”.

Alcoholics Anonymous, page 62

Tradition Four

With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience.

But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted.

And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of the General Service Board.

On such issues our common welfare is paramount.

A member who does any amount of traveling finds the A.A. spirit much the same everywhere. But apart from this inward kinship, there are vast differences among groups. Here, the traveler finds three members discussing the Steps in somebody's living room; there, 300 listening to speakers in a church auditorium. In one part of the U.S., respectful silence greets the speaker who begins, "My name is Ann, and I am an alcoholic." In another, everybody happily shouts, "Hi, Ann!" And in many other places, she may introduce herself with her full name — at a one-hour meeting or a 90-minute meeting. In each neighborhood in every part of the world reached by A.A., *the local group is free to work out its own customs.*

As always, **freedom brings responsibility.** Because each group is autonomous, it's up to each group to avoid any action that might harm A.A. And there have been such actions — or this Tradition would be unnecessary. "Implicit throughout A.A.'s Traditions," Bill W. wrote, "is the confession that our Fellowship has its sins. We admit that we have character defects as a society and these defects threatens us continually."

Blown up to multiple size, the Big Ego may inspire one group to take over all the public information work for its area, without consulting any of the other local groups. Once the group has decided, "We have all the answers," the lid's off. The group may then decide that, let's say, the Eleventh Tradition is an outdated technicality. "This is a

competitive age! We're going to come right out and give A.A. some good, vigorous promoting!" To the general public, this one conspicuous group is A.A. Its antics reflect, not only on the ignored neighboring groups, but on the entire Fellowship.

In a way, the Fourth Tradition is like the Fourth Step: It suggests that the A.A. group should take honest inventory of itself, asking about each of its independently planned actions, "*Would this break any Tradition?*" Like the individual member who chooses to make the Steps his or her guide toward happy sobriety, the wise group recognizes that the Traditions are not hindering technicalities — they are proved guides toward the chief objective of all A.A. groups....



Reprinted from Twelve Traditions Illustrated, with permission of Alcoholics Anonymous World Services, Inc.

<https://www.aa.org/twelve-traditions-illustrated>

“Humility In Action” A Word from our Canadian Trustee

The reader is encouraged to go to the Area 78 AA website area78aa.org, scroll down to the announcements section and read an article by David L. of Quebec, Canada whose bio follows or simply click on the following link:

<https://area78aa.org/humility-in-action-a-word-from-our-canadian-trustee/>

It teaches that real leadership comes from selfless service, personal example, and a willingness to grow through humility, guidance, and connection with others.

Robert L. (Quebec, Canada) was elected trustee-at-large/ Canada in April 2023. He was a Panel 48 delegate for Area 89, northeast Quebec, and served as a member of the Board of La Vigne and Publications françaises. Robert has been actively involved in A.A. service since the mid-1980s. He implemented a Bridging the Gap Committee, served as area chair and a member of several local committees. He has actively facilitated workshops on the Traditions and Concepts, founded study groups, participated in many area and regional events, including the Eastern Canada Territorial Services Assembly and the Quebec Provincial Assembly. Robert was instrumental in convening meetings with the Archbishop of Dakar and the Bishop of Casamance in helping to bring information about A.A. to the clerical community. In his professional life, Robert is a freelance journalist, photographer, writer and lecturer and the author of several books and other published works. He has also traveled extensively around the world for humanitarian purposes. He chairs the trustees' international committee and serves on the trustee's corrections and conference committee.



Group Birthdays April 2026

SHERWOOD PARK

12 Steps to Serenity

Last Monday

Apr 23 Brad F. 27 yrs

STONY PLAIN

Monday Night

Last Monday

Apr 4 Len B. 57 yrs

South Side

Third Friday

Apr 11 Dennis F. 30 yrs

Tigers II

First Wednesday of the following month

(celebrating April 1st)

Mar 5 Kyle G 1 yr

9 Keith L. 11 yrs

4 Mary M. 13 yrs

25 Luke T. 6 yrs

WEM

First Wednesday of the following month

(celebrating April 1st)

Mar 5 Shawn Z. 2 yrs

22 Ken C. 15 yrs

26 Brett M. 19 yrs

ST. ALBERT

Sunday Night Step Study

Last Sunday

Apr 1 Arlene B. 20 yrs

28 Nicky W. 15 yrs

Breakfast

Last Sunday

Apr 3 Michelle B. 6 yrs

10 Jocelyn M. 6 yrs

30 Mac F. 5 yrs

Tuesday Night

First Tuesday

Apr 4 Bill S. 10 yrs

The **Eastwood Group** has changed its location from the Bosco location to the

Emmanuel Reformed Church.

6505 140 Ave NW

Edmonton AB T5A 1H1

8pm

Please send your updated member's list at Central Office centraloffice@edmontonaa.org or to editor@edmontonaa.org

Annual Ladies Online Big Book Study

April 25 - July 25, 2026

12 - 1:00pm

Contact:

centraloffice@redderaa.org

Spring has officially sprung as of March 20th 2026



Upcoming Events and other Notables

2nd Annual
District 19



Barbecue

Saturday, April 11, 2026

Evangelical Missionary Church
 5314 - 50 Street, Castor, AB.

BBQ: 12:00 Noon
 followed by Open Meeting

Al-Anon Speaker - Jim A., Delburne
 AA Speaker - Tami L., Calgary



Adults: \$12.00
 12 & Under: \$5.00

For more information call or text: 403-575-5623



Acceptance & Moving Forward

COME JOIN US AT THE
 Bonnyville Senior Centre
 4843 47 AVE
 Bonnyville, AB

Friday April 17th, 2026
 Registration & Kickoff meeting
 @8:00pm

Saturday April 18th, 2026
 AA Open Meeting @ 10:00am

Sunday April 19th, 2026
 Breakfast - 9:00am

Tickets \$40

Further details of the event on the backside

Contact for info:
 Laurier (780) 812-0420
 Henri (780) 201-6547

Sponsorship Workshop

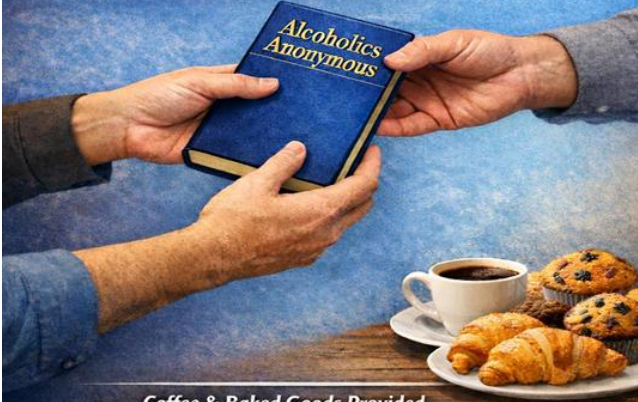
Presented by District 55 & 57
April 11, 2026

Spiritual Seekers United in Community
 (South Minister Steinhauer United Church)
 10740 19 Ave NW, Edmonton, AB

Speakers: Larry V • Theresa S • Wendy S • Edwin P

11:00 AM - 1:00 PM

Topic: Questions on Sponsorship in AA



Coffee & Baked Goods Provided
 7th Tradition Accepted

The April Issue Of Grapevine Is Here!



The April issue is **“Getting into General Service,”** featuring inspiring stories of experience by AA members about how they got into service below the group and how it changed their sobriety.

To view the [Table of Contents](#), [click here!](#)



49th Annual District 64 Round-Up

With Al-Anon participation

"ROUND-UP" - An AA Convention/Unity/Fellowship/FUN!!

April 10th & 11th, 2026



INTO ACTION WITH HUMILITY

Friday, April 10th, 2026

- 6:30p Doors Open / Registration
Fellowship/Refreshments
- 7:30 **AA Speaker:**
Rikki M (Studio City, CA)
- 8:45 Ice Cream Social

Saturday, April 11th, 2026

- 7:30a Doors Open / Registration
- 7:45 Open AA Meeting
- 9:00 Open Al-Anon Meeting
- 9:00 **AA Speaker:**
Gemma C (Fort McMurray, AB)
- 10:15-11:30 **Speaker Panel:**
AA & Al-Anon speakers
- 12:00 **BBQ Lunch (\$10)**
(Hosted by Al-Anon)
- 1:30 **Al-Anon Speaker:**
Richard I (Saskatoon, SK)
- 2:30 Break
- 3:00 **AA Speaker:**
Wayne B (Beverly Hills, CA)
- 6:00 **Buffet Dinner**
Countdown – AA & Al-Anon
- 7:30 **AA Speaker:**
Odie M (Crystal Beach, ON)
50-50 /Raffle draws

Friday, April 10thth:

St. Albert United Church

20 Green Grove Drive, St. Albert

Saturday, April 11th:

North Pointe Church (sw doors)

14025 – 167 Ave. NW, Edmonton

****No ATMs available at either church**

TICKETS-\$45 Speakers Only - \$35

****Al-Anon Lunch is \$10.00 at the event**

***Roundups/Conferences are not AA meetings. The cost of this roundup is paid through registration fees.**

Coffee/Tea – 7th Tradition

Beverages and snacks available

FOR TICKETS OR INFO:

***Please advise if any dietary restrictions!**

Danielle A. (780) 445-0127

Deborah F. (587) 985-3732

Arlene B. (780) 604-0472

Help us Celebrate

STETTLER ALCOHOLICS ANONYMOUS'

57TH ANNIVERSARY

with a POTLUCK SUPPER

Saturday, April 18, 2026

CE Wing, Stettler United Church

4820 51st Street, Stettler, AB

✓ Open Meeting

✓ Available on Zoom, Meeting ID 758 791 599

- Pulled Pork and Buns Supplied
- Please bring a Salad or Dessert
- Tradition 7 observed

❖ 6:00 PM Supper

❖ 7:00 PM Al-Anon Speaker - Renee G., Ponoka

❖ 8:00 PM AA Speaker – Darryl D., Calgary

Please join us for an evening of fellowship, good food and great speakers.

For more information call Faye K. at 403-916-5361 or Wade J. at 403-740-9214 or email at stettleraa@gmail.com.

BIRTHDAY CLUB

“What is the Birthday Club?”

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the Twelfth Step message during the office hours.
- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!**

FAITHFUL FIVERS

The Faithful Fiver Club was initiated several years ago to generate funds for Central Office. AA members pledge a donation of \$5.00 or more a month. They then receive the satisfaction of carrying the message to the alcoholic who still suffers, and recognition (if they desire) in the monthly ECOS Newsletter.



"Hello, my name is Jerry and I'm an alcoholic!"

Happy
Easter



SOBRIETY IS GOLDEN

Put on by the A.A.
Groups of Golden, B.C.
Since 1967 in Golden
British Columbia

57th A.A. Round-up May 1st, 2nd, 3rd, 2026

Golden Seniors Centre
1401 - 9th Street South
Golden, B.C.

Doors open Friday at 6 p.m.
Saturday meetings all day
Sunday morning Breakfast

Speakers all weekend

Workshop/ Panels

\$60 for the weekend includes banquet
\$30 Banquet Only
Kids under 12 free
Breakfast, Sunday by donation



More information will be on our
Website:
<https://www.goldenroundup.ca>
after January 11th, 2026

CONTACTS

email:
goldenroundup@ gmail.com
Andrew: 250-344-6624
Kimberly: 250-939-8121



AA & PROFESSIONALS A CRITICAL RELATIONSHIP

JOIN US AT OUR
**BUSINESS PROFESSIONALS
LUNCHEON**

Doors Open 11:15 AM
Lunch 11:30 AM
Presentations 11:45 AM to 1:15 PM

WEDNESDAY

JUNE | 10 | 2026

CHATEAU LOUIS HOTEL
11727 Kingsway Avenue, Edmonton
St. Michael Room (in the back annex)

RSVP TO LONI BY JUNE 7th
egsc.picpcchair@edmontonaa.org

Please indicate any dietary preferences when RSVPing.

AA Members welcome. Lunch \$25
Business Professionals. Complimentary lunch

District 64 (St. Albert) Unity BBQ



Where: Riel Recreation Park Under Cover
2 Rodeo Drive, St. Albert

Who: All AA members, family, kids, friends

When: Saturday, July 11th



**Edmonton Central Office Society
Income Statement February 2026**

	Actuals	Budget	Variance
Revenue			
General Receipts			
Birthday Club		\$112.29	-\$112.29
Faithful Fivers			
Group Contributions-Central Office	\$5,696.42	\$7,917.02	-\$2,220.60
Group Contributions-ECO-Online			
Individual Contributions	\$1,692.50	\$979.00	\$713.50
Individual Contributions-Online			
Office Supplies	\$10.40		\$10.40
Postage	\$285.46		\$285.46
Rental Income-EGSC, etc.	\$150.50	\$185.00	-\$34.50
Tradition Seven-meetings	\$239.05	\$173.13	\$65.92
Total General Revenue	\$8,074.33	\$9,366.44	-\$1,292.11
Literature & Medallion Receipts			
Literature	\$8,225.85	\$8,680.71	-\$454.86
Medallion	\$2,026.00	\$2,426.62	-\$400.62
Total Literature and Medallion Receipts	\$10,251.85	\$11,107.33	-\$855.48
Other Receipts			
Other Inc (Interest, etc.)	\$0.08	\$157.60	-\$157.52
Total Other Receipts	\$0.08	\$157.60	-\$157.52
Total Revenue	\$18,326.26	\$20,631.38	-\$2,305.12
Expenses			
Literature Expenses			
AAWS Literature	\$4,444.58	\$6,035.70	\$1,591.12
Greeting Cards & Meeting Lists	\$242.87	\$276.71	\$33.84
Grapevine Literature	\$644.59		-\$644.59
Canadian Literature	\$43.13		-\$43.13
Medallions	\$1,181.46	\$1,415.14	\$233.68
Freight & Brokerage Fees	\$46.03		-\$46.03
Total Literature Expenses	\$6,602.66	\$7,727.55	\$1,124.89
Intergroup Expenses			
12 Step Answering	\$607.32	\$400.00	-\$207.32
12 Step Committee	\$71.71	\$33.33	-\$38.38
Archives	\$6.00	\$50.00	\$44.00
Total Intergroup Expenses	\$685.03	\$483.33	-\$201.70
Administrative Expenses			
Accounting & Legal	\$200.73	\$258.33	\$57.60
Bad Debt Expense			
Bank Charges	\$44.20	\$29.17	-\$15.03
Credit Card Charges	\$146.69	\$125.00	-\$21.69
Equipment Lease/Purchase	\$356.70	\$350.00	-\$6.70
Website Cost		\$166.67	\$166.67
Computer & IT Maintenance	\$1,390.73	\$166.67	-\$1,224.06
Insurance	\$426.35	\$416.67	-\$9.68
Miscellaneous Over/Short		\$100.00	\$100.00
Office Supplies	\$1,010.94	\$291.67	-\$719.27
Photocopier Expense		\$16.67	\$16.67
Postage	\$741.44	\$297.50	-\$443.94
Rent	\$4,465.40	\$4,833.33	\$367.93
Salaries/ Wages & Benefits	\$1,186.34	\$5,066.25	\$3,879.91
EI Employer	\$19.34	\$115.51	\$96.17
CPP Employer	\$77.77	\$284.09	\$206.32
WCB	\$148.64	\$125.00	-\$23.64
Contract Services	\$2,470.00	\$208.33	-\$2,261.67
Staff Training / Seminar			
Telephone / Internet	\$163.85	\$175.00	\$11.15
Total Administrative Expenses	\$12,849.12	\$13,025.85	\$176.73
Total Expenses	\$20,136.81	\$21,236.73	\$1,099.92
Surplus/ Deficit	-\$1,810.55	-\$605.35	-\$1,205.20

2026 - Group Contributions to Central Office

GROUP	District	Feb	YTD	GROUP	District	Feb	YTD	GROUP	District	Feb	YTD
10 AFTER 10 GROUP	46	\$50.00	\$101.00	GRUPO RANACER	46		\$0.00	S.A. STEP X STEP SATURDAY NIGHT GROUP	64		\$0.00
60 MINUTES TO SOBRIETY	53		\$0.00	HART LAND GROUP			\$0.00	S.A. SUNDAY STEP STUDY	64		\$0.00
84TH STREET	46		\$0.00	H.O.W. MEETING	46		\$0.00	S.A. THE SISTERHOOD GROUP	64		\$0.00
A NEW WAY OF LIFE	55	\$180.00	\$180.00	HS	57		\$0.00	S.A. TUESDAY NIGHT GROUP	64		\$250.00
A PEACEFUL PATH	53		\$0.00				\$0.00	SEDGEWICK AA GROUP	20	\$50.00	\$50.00
AB GROUP	57		\$0.00	HEADS UP FOR AA	20		\$0.00	SATURDAY NIGHT LIVE MEETING	57		\$0.00
AFTERNOON DROP IN	40		\$0.00	HELPING HANDS	60	\$200.00	\$400.00	SERENITY POOL SUNDAY MEETING	60	\$250.00	\$250.00
ALANO WOMEN'S DISCUSSION	46		\$0.00	HIGH PRAIRIE - HI GROUP	7		\$0.00	SHER. PARK 12 STEPS TO SERENITY	61		\$0.00
ALBERTA NORTHERN LIGHTS MEETING	46		\$0.00	HOME GROUP #1	63		\$0.00	SHER. PARK COLCHESTER GROUP	61		\$0.00
ALTERED ATTITUDES GROUP	46	\$750.00	\$1,300.00	HOME GROUP #11	63		\$0.00	SHER. PARK GROUP	61		\$500.00
AMAZING GRACE MEETING	46		\$0.00	HOME GROUP #13	63		\$0.00	SHER. PARK HAPPY HOUR GROUP	61		\$0.00
AS IT IS GROUP	55	\$250.00	\$250.00	HOME GROUP #18	63		\$0.00	SHER. PARK MILLSHAVEN	61		\$0.00
BEAUMARIS LAKE GROUP	53		\$0.00	HOME GROUP #25	63		\$0.00	SHER. PARK NEW AT THREE	61		\$0.00
BEAUMONT FRIDAY NIGHT GROUP	60		\$0.00	HOPE THROUGH FRIENDSHIP GROUP	40		\$0.00	SHER. PARK THERE'S MORE TO THE STORY	61		\$0.00
BEAUMONT HOW IT WORKS GROUP	60		\$0.00	HOW IT WORKS GROUP	55		\$0.00	SHER. PARK TUESDAY NIGHT AT 7	61		\$0.00
BEAVERLODGE GOODWILL AA GROUP	4		\$0.00	INTO ACTION GROUP	40		\$0.00	SHERWOOD SISTERS IN SOBRIETY GROUP	61		\$0.00
BEGINNERS BIG BOOK DISCUSSION GROUP		200.00	\$200.00	JELLINEK JUMPSTART MEETING	46	\$38.65	\$38.65	SHIFTERS GROUP	57		\$771.68
BEVERLY GROUP	53		\$0.00	JOURNEY OF HOPE	10		\$0.00	SIMPLY SOBER AA GROUP	40		\$0.00
BEYOND BELIEF	40		\$0.00	LEDUC HOW IT WORKS GROUP	12		\$0.00	SLAVE LAKE AA GROUP	7		\$0.00
BREATHE EASY GROUP	40	\$250.00	\$250.00	LEDUC MONDAY Night Ladies 12 & 12	12		\$0.00	SOBER COUNTRY	5		\$0.00
CADUCEUS GROUP	57		\$0.00	LEDUC SATURDAY NIGHT	12		\$0.00	SOBER SOLES OF EDMONTON	46		\$0.00
CAMPUS GROUP	57		\$500.00	LEDUC SUNDAY BEGINNERS	12		\$0.00	SOUTH SIDE GROUP	57		\$0.00
CAMPUS GROUP - BLUE JEAN ROUND UP	57		\$1,011.31	LEDUC SUNDAY NIGHT GROUP	12		\$0.00	SOUTHBOUND FELLOWSHIP GROUP	57		\$0.00
CAMROSE CITY GROUP	12		\$0.00	LEDUC THURSDAY NIGHT TRUDGERS	12		\$0.00	SOUTHSIDE CHAPTER HOUSE STEP STUDY	57		\$0.00
CAPILANO STEP GROUP	55		\$90.00	LEDUC TUESDAY NOON MEETING	12		\$0.00	SOUTHSIDE SURVIVORS GROUP (Elerslie)	60		\$0.00
CENTER CITY ONLINE	46		\$0.00	LENDRUM NOON MEETING	57		\$0.00	SOUTHSIDE YOUNG PEOPLE'S GROUP	57		\$0.00
CHAPPELLE GROUP	57		\$0.00	LENDRUM UNITY STEP GROUP	57		\$0.00	SPRUCE GROVE - SPEAKEASY GROUP	10		\$0.00
CLAREVIEW BIG BOOK GROUP	53		\$0.00	LIGHTHOUSE GROUP	53		\$500.00	SPRUCE GROVE AFTER 1 GROUP	10		\$420.00
COMMON WELFARE GROUP	40		\$0.00	LIONS DEN GROUP	57		\$600.00	SPRUCE GROVE - WE HAVE A SOLUTION	10		\$0.00
CRESTWOOD WELCOME	40		\$0.00	MANDATE-SOBER GROUP	46	\$150.00	\$150.00	STEP SISTERS	40		\$0.00
DAILY REFLECTIONS GROUP	57		\$0.00	MILLET: STAIRWAY TO FREEDOM GROUP	12		\$0.00	STEP THIS WAY	57		\$0.00
DAYSLAND SERENITY GROUP	12		\$0.00	MONDAY NIGHT CAMEL CLUB GROUP	40		\$0.00	STONY PLAIN - 12 BY 12 TUESDAY NIGHT GROUP	10		\$0.00
DEVON MONDAY NIGHT GROUP	12		\$0.00	MORINVILLE BY THE BOOK GROUP	9		\$0.00	STONY PLAIN - BEYOND BELIEF	10		\$0.00
DISPLACED MALL RATS			\$0.00	MORINVILLE SUNDAY NIGHT TOPIC GROUP	9		\$0.00	STONY PLAIN - DISPLACED MALL RATS	10		\$0.00
DISTRICE 40/41 COMMITTEE	40		\$0.00	MORINVILLE THURSDAY NITE STEP & TRADITION	9		\$0.00	STONY PLAIN - FIRST DOOR ON THE LEFT	10		\$0.00
DISTRICT 10 COMMITTEE	10		\$0.00	MUSTARD SEED GROUP	46		\$150.00	STONY PLAIN - THURSDAY NIGHT WOMEN'S GROUP	10		\$0.00
DISTRICT 10 UNITY ROUND UP	10		\$0.00	NEIGHBOUR CENTER GROUP	57		\$100.00	STONY PLAIN - MONDAY NIGHT GROUP	10		\$0.00
DISTRICT 12	12		\$0.00	NEW DAWN GROUP	40		\$0.00	STRENGTH IN NUMBERS	57		\$0.00
DISTRICT 57	57		\$0.00	NEW FOUND HOPE GROUP	53	\$50.00	\$50.00	SUIT UP & SHOW UP BIG BOOK STUDY	46		\$0.00
DISTRICT 64	64		\$0.00	NEW HOPE GROUP	53		\$0.00	SUNDAY MORNING BIG BOOK STUDY	46		\$0.00
DOLPHIN GROUP	53	\$515.00	\$1,338.00	NO SAINTS MEETING	46		\$429.00	SUNDAY MORNING OPEN GROUP (SMOG)	57		\$500.00
EARLY BIRDS BREAKFAST GROUP	53		\$0.00	NO NAME HOME GROUP			\$0.00	SUNRISE LIGHT LUNCHEON GROUP	46	\$781.75	\$781.75
EASTWOOD GROUP	53		\$0.00	NORTH EDMONTON GROUP	53		\$0.00	SURVIVORS GROUP	53		\$0.00
EDSON AND AREA ROUND UP COMMITTEE			\$0.00	NORWOOD GROUP	46		\$0.00	TA WOW GROUP	46		\$0.00
EVANSBURG GROUP	6		\$500.00	OFF THE WALL & LIVING SOBER MEETING	57		\$0.00	TERRA NOVA GROUP	46		\$175.00
EYE OPENER GROUP	40		\$0.00	OILMENS GROUP	57	\$150.00	\$150.00	TGIF	40		\$0.00
FAITH WORKS STEP GROUP	53	\$170.00	\$170.00	ONE DAY AT A TIME MEETING			\$25.00	THE WHY GROUP	46	\$916.02	\$916.02
FELLOWSHIP BREAKFAST GROUP	60		\$0.00	OPEN DOOR GROUP	55		\$0.00	THORSBY GROUP	12		\$0.00
FIRST DOOR ON THE LEFT	10		\$0.00	PATIENCE LOVE & TOLERANCE (CAMEL CLUB)	40		\$0.00	THUS WE GROW	57		\$0.00
FRIENDS OF BILL GOLF TOURNAMENT	60		\$0.00	PEACE RIVER AA GROUP	2		\$0.00	TIGERS II GROUP	40		\$0.00
FRIENDS OF BILL W. AT THE HUB	40		\$0.00	POUNDMAKER'S TREATMENT CENTRE - AA GROU	64		\$0.00	TO SHOW OTHERS	46		\$0.00
FROM GONZO TO LIFE (CAMEL CLUB)	40		\$0.00	PRIMARY PURPOSE GROUP -ONLINE	61		\$0.00	TOWER GROUP	46		\$0.00
FT. McMURRAY - BACK TO BASICS GROUP	21		\$306.00	PROVIDENCE GROUP	60		\$0.00	U OF AA GROUP	57		\$0.00
FT. McMURRAY - ROUND UP	21		\$0.00	RAY OF HOPE - ONLINE	46		\$0.00	UNDER NEW MANAGEMENT	57		\$0.00
FT. McMURRAY - WOMEN'S RECOVER	21		\$0.00	RAY OF HOPE GROUP - IN PERSON	46		\$0.00	UNITY STEP GROUP	55		\$200.00
FT. McMURRAY SUNDAY MORNING DETOX MEETING	21		\$0.00	REFLECTIONS GROUP	46		\$0.00	UP THE CREEK	55		\$0.00
FT. NELSON - MILE 300 GROUP	1		\$0.00	RITE TRAC GROUP	53		\$0.00	WALKING THE BEAM	46		\$600.00
FT. SASK BIG BOOK TOOLBOX-TALK	61		\$0.00	SANGUDO GROUP	10		\$0.00	WE AGNOSTICS	46		\$0.00
FT. SASK SERENITY MEETING	61		\$0.00	S.A. WOMEN'S STEP STUDY	64		\$0.00	WEST END GROUP	46		\$0.00
FT. SASK TOWN GROUP	61		\$0.00	S.A. MEN'S BIG BOOK STUDY	64		\$0.00	WEST END MEN'S GROUP	40		\$0.00
FULTON PLACE GROUP	55		\$0.00	S.A. BACK TO BASICS	64		\$0.00	WESTEND 12 STEP GROUP	40		\$0.00
GIBBONS SOBERRIDER GROUP	61		\$0.00	S.A. BREAKFAST GROUP	64		\$0.00	WESTLOCK WEDNESDAY	9		\$225.00
GIRL TALK	40		\$0.00	S.A. FRI. NIGHT OFF THE TRAIL GROUP	64		\$0.00	WESTMINSTER GROUP	40		\$0.00
GOOD MORNING RESENTMENT GROUP	46		\$0.00	S.A. GRACE AT NOON	64	\$400.00	\$400.00				\$0.00
GRACE POINT GROUP	57	\$220.00	\$441.00	S.A. INTO THE LIGHT	64		\$0.00	WETASKIWIN SUNDAY MORNING BIG BOOK DISCUSS	12		\$0.00
GRATITUDE GROUP	53		\$0.00	S.A. MILLENNIUM GROUP	64		\$0.00	WINNERS CIRCLE	46		\$50.00
GRUPO II	46		\$0.00	S.A. NOON MEETING/ON THE HILL GROUP	64	\$275.00	\$275.00	YOUNG & OLD GROUP	46		\$200.00
	Total	\$2,585.00	\$6,637.31	S.A. SOBER SISTERS WOMEN'S A.A. GROUP	64		\$0.00	YOUR CHOICE GROUP	53		\$255.00
				Total		\$1,263.65	\$3,267.65	Total		\$1,997.77	\$5,944.45
								Grand Totals		\$5,846.42	\$15,849.41